



India celebrates as Gukesh arrives after making history

Gukesh Dommaraju Chess Champion Returns Home: The youngest world champion in chess' history, Gukesh, has landed in Chennai over an hour back where he had hundreds of cameras and thousands of people waiting to welcome him.

The Indian teenager made a brief statement at the airport before he was taken away in a specially decorated car, with multiple photographs. He and his family then briefly addressed the media at his school Vellamal International for a few minutes with his parents sitting next to him.

Gukesh defeated world champion Ding Liren to become the 18th world champion of chess last week in Singapore. The duo battled on for 14 games before the Chinese GM made a mistake with his rook to blunder the game, the match and his crown away.

At the world championship, Ding had won game 1 before Gukesh drew level in game 3. The duo then played out seven draws before Gukesh won, but then immediately lost the next game. In the final game, Gukesh eventually managed to induce a mistake from Ding to become the youngest world champion in history.



up to **50%** off

SALE



GOOD LOOKS, EVERY DAY.

FORMALS | CASUALS | PARTY WEAR

Shop No 2, Ground Floor, Parklane, S.D Road
greenfibre.com | jadeblue.com *T&C Apply



Appointments

· Mudit Srivastava (IRS IT: 2008) has been appointed as Internal Financial Adviser (Director level) in the Heavy Water Board, Mumbai under the Department of Atomic Energy for a period of five years.

· Subhash Prasad Gupta (IFS:2006) has been concurrently accredited as the High Commissioner of India to Saint Lucia, with residence in Paramaribo.

· Layaqat Ali Aafaqui (IRS IT: 2008), Director, Ministry of Minority Affairs, has been prematurely repatriated to his parent cadre.

* Pulkesh Kumar (IRPS: 2011), Deputy Secretary, Ministry of Health and Family Welfare for a period of three months beyond 21.12.2024 and up to 21.03.2025. He counts his central deputation tenure w.e.f. 22.12.2020.

· Hitendra Malhotra, IRMS, General Manager, Chittaranjan Locomotive Works, has been appointed as Member (Operations and Business Development), Railway Board and Ex-officio Secretary to the Government of India.

· Vijay Kumar, IRSME, has been appointed as General Manager (GM), Chittaranjan Locomotive Works (CLW), Chittaranjan.

· Sanjay Kumar Srivastava, IRSE, has been appointed as General Manager, Central Organization for Railway Electrification (CORE), Prayagraj.

· Tarun Prakash, IRSSE, has been appointed as General Manager, South East Central Railway (SECR), Bilaspur.

· Mukul Saran Mathur, IRTS, has been appointed as General Manager, South Western Railway (SWR), Hubballi.

· Om Prakash Meena (YOA: 2007) has been appointed as the next Ambassador of India to Burkina Faso.

· Abhay Kumar (IFS: 2003), presently Deputy Director General, Indian Council for Cultural Relations, has been appointed as the next Ambassador of India to Georgia.

· The tenure of Dr Pawan K Godatwar as Technical Officer- Traditional Medicine at WHO- SEARO, New Delhi was extended for a further period of one year from 04.10.2024 and up to 03.10.2025. He has been on this international assignment since

· Tenure of Rakesh Kumar Singh (IDAS: 1993), Additional Secretary, Ministry of Home Affairs (MHA), has been extended for one year beyond 08.12.2024.4.10.2021.

· Senthil Nathan S (IRS C&CE:2006), Director, Department of Commerce, has been prematurely repatriated to his parent cadre.

· Dr Devyani Uttam Khobragade (IFS: 1999), presently Ambassador of India to the Kingdom of Cambodia, has been appointed as the next Ambassador of India to the Republic of Tunisia.

· Ashok Kumar (IFS: 1998), presently High Commissioner, High Commission of India, Lusaka, has been appointed as the next Ambassador of India to the Republic of Belarus.

· Suneet Mehta (IFS:2007), presently Deputy High Commissioner in the High Commission of India, Canberra, has been appointed as the next High Commissioner of India to the Republic of Fiji.

· Amit Narang (IFS: 2001), presently Ambassador of India to the Sultanate of Oman, has been appointed as the next Ambassador of India to the Republic of Slovenia.

· Vipul Goel (IRSSE: 1993), joint secretary, Ministry of Micro, Small and Medium Enterprises, has been entrusted with ex-post facto additional charge of Chief Executive Officer (JS Level) for the period from 13.07.2024 to 18.08.2024.

· Tenure of Rajesh Sharma (IDAS: 1992), Joint Secretary & Addl FA, Ministry of Defence has been extended beyond 07.11.2024 i.e. up to 31.03.2025.

· Tenure of Ashok Kumar (IPS: 2006: HP), Director in the Department of Justice, has been extended for a period of six months beyond 26.11.2024 and up to 26.05.2025. He counts his central deputation w.e.f. 27.11.2019.

· R Menaka (IAS: 2011: AGMUT), Deputy Secretary in the Department of Commerce, has been shifted on lateral basis to the post of Deputy Secretary in the Cabinet Secretariat for a tenure up to 27.06.2028 i.e. balance period of her 4-year tenure.

· Annies Kanmani Joy (IAS: 2012: KN), Deputy Secretary in the Department of Economic Affairs, has been shifted to the post of Deputy Secretary in the Department of Personnel & Training on a lateral basis for the balance period of 4 years.

· Benjamin Karunakaran (IA&AS: 2012), Deputy Secretary, Ministry of Power (CSS post) has been appointed to the post of Reactor Fuel Cycle Facility (FRFCF), CSS post), on lateral shift basis, for the period up to 01.11.2027 i.e. a total tenure of six years outside the cadre at a stretch.

IPS

· Syed Javaid Mujtaba Gilani (IPS: 1994: AGMUT) has been promoted to the DGP grade level 16 in the pay matrix.

· Bhanwar Lal Meena (IPS: 2013: AM), Director, Central Detective Training Institute (under BPR&D), Kolkata, has been inducted on lateral shift basis to the post of Superintendent of Police (SP), Central Bureau of Investigation (CBI) for a combined period of 5 years i.e., up to 18.04.2028.

· Tenure of Rani Bindu Sachdeva (IPS: 2006: HP), DIG/Director, BPR&D, has been extended for a period of one year beyond 07.02.2025 (7th year) in relaxation of the IPS Tenure Policy.

· R Prasad Meena (IPS: 1993: AM), Spl. DG, BSF, has been appointed as Director General (Investigation) in National Human Rights Commission (NHRC) up to his superannuation on 31.07.2025.

*Bhanwar Lal Meena (IPS: 2013: AM) has been inducted as Superintendent of Police in Central Bureau of Investigation for a period of five-year central deputation i.e. up to 18.04.2028.

*Harinath Mishra (IPS: 1990: KL), Special Director, Intelligence Bureau, has been appointed to the post of Secretary (Security) in the Cabinet Secretariate.

*Kundan Krishnan (IPS: 1994: BH), Additional Director General, CISF, has been prematurely repatriated to his parent cadre on the request of his cadre.

*Piyush Purusottamdas Patel (IPS: 1998: GJ), Inspector General, Border Security Force, has been prematurely repatriated to his parent cadre.

*Tarun Gauba (IPS: 2001: UP) has been empanelled for holding the post of Joint Secretary/equivalent level post at the Centre.

*Raja Srivastava (IPS: 1994: UP) has been appointed as Additional Director General in Central Reserve Police Force.

· Cadre of Banavath Aravind (IPS: 2022: WB) has been changed from West Bengal to Tamil Nadu on grounds of his marriage with Swathi Sree T (IAS: 2022: TN).

* Tenure of Ashok Kumar (IPS: 2006: HP), Director in the Department of Justice, has been extended for a period of six months beyond 26.11.2024 and up to 26.05.2025. He counts his central deputation w.e.f. 27.11.2019.

IAS

· Ajay Seth (IAS: 1987: KN), Secretary, Department of Economic Affairs, has been entrusted with additional charge of the post of Secretary, Department of Revenue till the appointment of a regular incumbent.

· Revenue Secretary Sanjay Malhotra (IAS: 1990: RJ) was appointed as 26th Governor of Reserve Bank of India for a three-year term beginning Wednesday. He replaces Shaktikant Das (Retd (IAS: 1980: TN).

· Tenure of Aishvarya Singh (IAS: 2008: SK), Joint Secretary, Department of Commerce, has been extended for a period of one year beyond 05.02.2025.

*Vinay Kumar (IAS: 1999: BH) has been empanelled for holding Additional Secretary/Additional Secretary Equivalent level posts at the Centre.

· Tenure of Utpal Kumar Singh (Retd IAS: 1986: UK), Secretary General Lok Sabha and Lok Sabha Secretariate in the rank and status of Cabinet Secretary, has been extended for a period of one year w.e.f December 1, 2024 to November 30, 2025.

· Shantmanu (IAS: 1991: AGMUT), Additional Secretary & Financial Advisor, Ministry of Consumer Affairs, Food & Public Distribution, has been repatriated to his parent cadre on the request of Ministry of Home Affairs.

· Tenure of Dharmendra Sharma (Retd IAS: 1988: AGMUT), Director General, India International Institute of Democracy and Election Management, has been curtailed on the request of Election Commission of India.

· Jaspreet Kaur (IAS: 2013: MN) was appointed as Deputy Secretary in the Ministry of Environment, Forest & Climate Change, Delhi for a period of four years.

· K Sanjay Murthy (IAS: 1989: HP) has been appointed as new Comptroller & Auditor General of India (CAG).

· *R Menaka (IAS: 2011: AGMUT), Deputy Secretary in the Department of Commerce, has been shifted on lateral basis to the post of Deputy Secretary in the Cabinet Secretariat for a tenure up to 27.06.2028 i.e. balance period of her 4-year tenure.

· *Annies Kanmani Joy (IAS: 2012: KN), Deputy Secretary in the Department of Economic Affairs, has been shifted to the post of Deputy Secretary in the Department of Personnel & Training on a lateral basis for the balance period of 4 years.

· *Tenure of D Thara (IAS: 1995: GJ), Additional Secretary, Ministry of Housing and Urban Affairs, has been extended beyond 05.12.2024 for a period up to 28.07.2026.

Justice Manmohan appointed as SC judge



The Ministry of Law and Justice has notified the appointment of Justice Manmohan, Chief Justice of the Delhi High Court, as a judge of the Supreme Court. Union Minister of Law and Justice Arjun Ram Meghwal announced the appointment in a post on 'X' : "In exercise of the powers conferred by the Constitution of India, the President, after consultation with Chief Justice of India, is pleased to appoint Justice Manmohan, Chief Justice, High Court of Delhi as a Judge of the Supreme Court of India."

It was on November 23 that the Supreme Court Collegium recommended the elevation of Justice Manmohan to the Supreme Court.


Sanjay Malhotra takes over as 26th Governor of RBI



Sanjay Malhotra (IAS: 1990: RJ) on Wednesday took charge as the 26th Governor of the Reserve Bank of India in the presence of senior RBI staffers at the central bank's headquarter.

Malhotra, who recently served as the Revenue Secretary, signed the documents to take the charge of the important institution that performs a variety of roles. Deputy Governors Swaminathan J, M Rajeshwar Rao, and T Rabi Sankar were present on the occasion.

Malhotra has joined RBI as its Governor at a very critical juncture, where growth and inflation balance has "unsettled" as per his predecessor Shaktikanta Das. GDP Growth declined to a seven-quarter low of 5.4 per cent in the September quarter while the October headline inflation was above the 6 per cent mark set for the central bank by the government.




BSCPD
BSC PUBLISHERS & DISTRIBUTORS
PUBLISHERS & DISTRIBUTORS OF BOOKS

K.D.House, 3-5-121/E/1/16
Near Shalimar Function Hall, Ramkoti, Hyderabad.

For Bulk Orders

✉ : bscpdin@gmail.com
☎ : 8247033460



MIDNIGHT REPORTER
Media for Bureaucracy, Public Sector, Corporate & Tourism

www.midnightreporter.com

First kind of its News paper from entire South India, which is publishing from Hyderabad (A.P.) with a large circulation focusing exclusive on Bureaucracy, Public Sector, Corporate & Tourism

Advertisement Tariff Rates

Rates effective from 1st. August 2013

Category	Size	Per Edition
Ear Panel (for 12 Editions)	10x6	₹ 20,000 ₹ 2 Lakh
Sky Bus (Front Page)	24x5	₹ 50,000/-
Full Page	24x38	₹ 2 Lakh
Half Page	24x19	₹ 1 Lakh
Quarter Page	12x19	₹ 50,000/-
Sky Bus (Inner Page)	24x5	₹ 25,000

For more details contact : 08008175000, 09177771165
e-mail: midnightreporter.editor@gmail.com

Corridors of Power

DGP Appreciates Exceptional Work



As a protocol Telangana State DGP Dr. Jitender warmly welcomed Hon'ble President of India, Smt. Draupadi Murmu, at Begumpet Airport. Other dignitaries CM Revanth Reddy and Governor Jishnu Dev Verma also welcomed the President. Another news is Dr.Jitender appreciated and awarded Investigation Officers, Court Duty Officers, and Public Prosecutors of Anti-Narcotics Bureau for their exceptional work in securing convictions under the NDPS Act cases.DG believes in encouraging the police personals on their hard work and achievements. Good way to motivate the

khakis !! This motivation keeps them to do the best.

High-Level Meeting



Chief Secretaries of both the states , A Santhi Kumari, Telangana and Neerabh Kumar Prasad, AP and officers participated in the meeting in Mangalagiri.This high-level meeting, first of its kind of the two Telugu states aimed at fostering cooperation and resolving long-pending issues. The discussions focused on 15 unresolved bilateral issues that have lingered since the bifurcation of Andhra Pradesh in 2014. Officials reviewed the current status of these issues, taking stock of the positions held by both States. It was agreed that, despite the passage of 10 years, progress on resolving these disputes has been slow, necessitating an urgent and collaborative approach.

Valuable Interaction With UPSC Team



A valuable interaction with the Chairperson of the UPSC Mrs Preeti Sudan and her team. Wonderful insights were shared which will surely propel Telangana state commission further ahead. Burra Venkatesham , Chairman of Telangana Public Service Commission told that TGPSC will explore new ways to optimize computer based processes in its exams. A fruitful interaction and knowledge exchange took place during two day visit of TGPSC delegation. Keep your fingers crossed for more success stories.

Work hard To Make Dreams True : Cv.Anand



Hyderabad Police Chief Cv.Anand,DG asked the students to strive to fulfill their parents aspirations, he motivated the students to learn hard to make their dreams true. The CP visited a school at Musheerabad to check the facilities and interact with the students. "I was pleasantly surprised at the stupendous effort and budget

put in to provide so much of facility for the students who cannot afford it , the high quality of teachers, nutritious food and hygiene and the high standard of academics which is producing so many achievers." Said Mr.Anand.

Dana Kishore gets FAC of Principal Secretary to Governor



Senior IAS officer M. Dana Kishore, who is Principal Secretary to Government, Municipal Administration and Urban Development (MA&UD) department, is placed in Full Additional Charge (FAC) of the post of Principal Secretary to Governor, duly relieving B. Venkatesham from the FAC of the post. The 1996-batch officer, Kishore was appointed as a nodal officer to coordinate with various departments for works pertaining to Osmania General Hospital near Goshamahal. The State government was constructing a new building for the government hospital at the police academy in Goshamahal

Just Outstanding



"The Aditya Mehta Foundation is doing outstanding work in the field of para sports. Building confidence and self reliance in the sportspersons with Divine Potentials." Said Telangana State Governor Jishnu Dev Varma. H.E was addressing the gathering during the inauguration of 'Revamped High Performance Para-Sports Academy' in Hyderabad. He told that their students have made the Nation proud by winning medals and laurels in the National/International games.

Strengthening US-India Ties



USIBC & Dept. of ITE & C, Telangana government planned a 'Roundtable on opportunities in AI partnerships & GCCS in Hyderabad & Telangana'. In the picture an MoU is been signed focusing on IT, AI, electronics, and GCCs. Together, we're strengthening U.S.-India ties, driving innovation, and fostering growth. Said US Counsel General in Hyderabad Jennifer Larson. IT Minister Sridhar Babu and Principal Secretary for IT Jayesh Ranjan can also be seen in the picture.

Jaya- One Day British Dy.High Commissioner



It was a pleasure having Jaya step into the role of Deputy High Commissioner as part of our DHC for a Day contest! Her passion, curiosity, and fresh perspective were truly inspiring.HYPERLINK "<https://x.com/UKinHyderabad/status/1861090344013561890/photo/1>", who has assumed the role of British

Deputy High Commissioner for a day during last month. The UK Dy.High Commissioner Gareth Wynn Owen posted above picture by saying that 'A fantastic end to an inspiring day with Jayalaxmi Aripina.'

Face to Face



Turkey Consul General Orhan Yalman Okan delivered a speech on Indo-Türkiye tourism relations at the chapter meeting of the TAAI (Tourism Agents Association of India) Telangana Presidency. And during the event he has been felicitated by the team leaders. Another news is Trident Hotel is all set to host a Turkish Cuisine Festival in May 2025. And Consul General Face to Face event was also in talk.


Dr.Mir Nasir Ali @ New York



American Express Centurion Card, commonly referred to as the Black Card, is an ultra-exclusive charge card issued by American Express. It is specifically designed for the company's wealthiest and most elite clients who meet stringent, though undisclosed, criteria related to net worth, spending, and credit-worthiness. Said Dr.Nawab Mir Nasir Ali Khan, Honorary Consul of the Republic of Kazakhstan in Hyderabad for Telangana and Andhra Pradesh, India. Arrived in one of my favorite cities that never sleeps – New York, the financial capital of the world Home to Wall Street, the iconic New York Stock Exchange, and my favorite, Times Square.




ADROIT
we help you communicate better...
AN ISO 9001:2015 CERTIFIED COMPANY
Digital Marketing • E-Commerce Portals • Web Solutions




Rd.no: 5, Palace Colony, Basheerbagh
Hyderabad - 500 063, Telangana, INDIA


Phone: +91 92904 48184
Email: mktg@adroitinfoactive.net
www.adroitinfoactive.net




SEO




Pay Per Click




Social Media
Marketing




Google Workspace
M G A D G
(G-Suite)




Responsive Websites



E-Commerce



Domain Registration



A leading player in
**Digital Marketing
Software & Web
Solutions**



Study Well To Achieve The Goals :
DS.Chauhan



their parents and had lunch with them. He also emphasized that anything can be achieved with proper dedication and encouraged the children to study well to achieve their goals.

DS.Chauhan IPS, Prl. Secretary and Commissioner of Consumer Affairs Food and Civil Supplies has visited TGMRS Girls Bahadurpura Hostel to inaugurate the Common Diet Menu. He inspected the quality of provisions, vegetables and rice, along with the maintenance of the kitchen, dining areas and classrooms. He participated in the children's cultural programmes. Later he interacted with the children and

Singareni Collieries wins Energia Award



dingation S D M Subhani. Singareni Chairman and Managing Director N Balram said receiving such an award at the national level was very inspiring and that Singareni would continue to promote environmentally friendly mining and also produce solar power on a large scale.

The Singareni Collieries Company Limited(SCCL) was presented the prestigious Energia Award for the best environmentally friendly mining and solar manufacturing company at Visakhapatnam. According to a statement issued here , Central Electricity Authority chairman Ghan Shyam Prasad handed over the award to Singareni Director(E&M) D Satyanarayana Rao and General Manager Coordination S D M Subhani.

Efforts To Take GHMC On The Higher Level



process and ensure ease of compliance, GHMC has introduced an online module for payment of advertisement fees. The online application portal can be accessed at: <https://HYPERLINK https://t.co/ZVBkcyF4lx>advt.ghmc.gov.in through this platform, trade establishments can conveniently apply for permissions and make payments online from anywhere.

The new GHMC Commissioner llambarithi is on toes to take the corporation on the higher level.Since he took over he is hectic with inspections, review meetings and new initiatives. News is, hereafter all trade establishments that it is mandatory to pay the prescribed advertisement fee for all Glow Sign Boards, Name Boards, Flex Boards, Stickers, etc., displayed on their trade premises. This requirement is in accordance with Section 421 read with Section 622(2) of the GHMC Act. To streamline the



district's healthcare facilities and people's quality of life. She also advised citizens and survey teams to call the toll-free number 1800-4251-442 if there are any concerns with the review of Indiramma house applications, requesting that the process be accelerated.

Ila Tripathi : The Committed DM

Nalgonda District Collector Ila Tripathi is on the screen. The lady officer is doing her best for the overall growth of the district. Quite committed ! As per the news report, the DM has directed engineering staff to commence building on a new hospital block. This will significantly improve the



A Day With The Students

District Collector Anudeep Durishetty visited Begumpet Government High School-II in Secunderabad mandal.During the visit, he examined the water facility, inspected the school premises, reviewed the attendance registers and interacted with the students.The young DM is really on the screen with his hard work and dedication.

President Appreciates IASOWA Efforts



The Telangana IAS Officers' Wives Association (TG IASOWA) called upon the Hon'ble President of India, HE Draupadi Murmu at the Rashtrapati Nilayam. President of the Association , Priyanka Goel and Honorary Secretary, Dr.Ruchi Ranjan , presented HE with a memento which showcased the Spirit of Telangana through Cherial art and storytelling , uniquely conceptualised and designed by IASOWA . A shawl made from recycled plastic bottles was also presented , reflecting IASOWA's commitment to sustainability. Both the gifts were highly appreciated by the Hon'ble President. She appreciated the good work being done by IASOWA and motivated and encouraged them to be an inspiring force and to lead by example.

TGCSB's committed to deliver timely financial relief to cyber fraud victims



The Hyderabad police commissionerate topped the disposal cybercrime cases, numbering 24,546, before the National Lok Adalat which was held between November 28 and December 14, followed by Cyberabad with 12,797 and Rachakonda 11,083 cases. Return of amounts to cybercrime victims was undertaken by the Telangana Cyber Security Bureau (TGCSB) which facilitated the payment of Rs 33.2 crore to 4,893 victims.

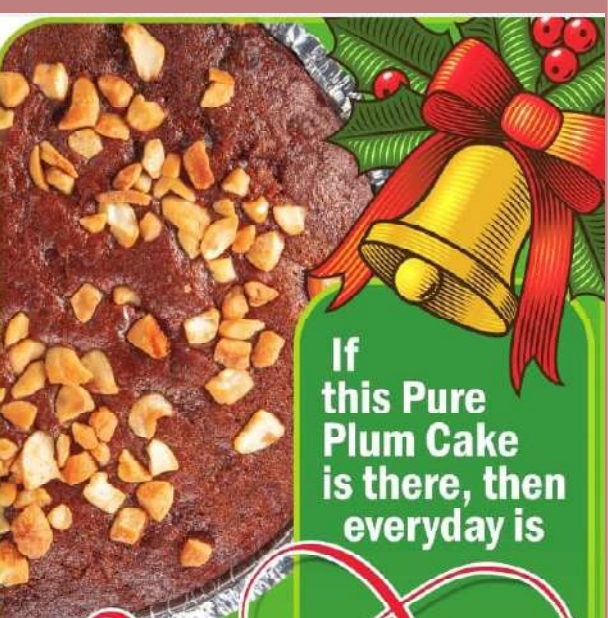
TGCSB director Shikha Goel said that a total of 1,57,088 cases were liquidated during National Lok Adalat. The initiative to return money to victims through the Lok Adalat mechanism began on February 20. Goel said This achievement underscored TGCSB's commitment to delivering timely financial relief to cyber fraud victims.

Viziendita Boyi : The Hardcore DM





Mahabubnagar District Collector Viziendita Boyi is on screen. The lady DM is doing the best , can say working hard with the zeal. She visited District Science & Technology Exhibition and praised the students for their innovative solutions to real-world problems.Students highlighted experiments on road safety, disaster management, clean water, and farming innovations. The


• Dinesh Bhatia (IFS:1992), presently Ambassador of India to the Republic of Argentina, has been appointed as the next Ambassador of India to the Federative Republic of Brazil.
• G Balasubramanian (IFS:1998), presently High Commissioner of India to the Federal Republic of Nigeria, has been appointed as the next High Commissioner of India to the Republic of Maldives.



If this Pure Plum Cake is there, then everyday is


MERRY CHRISTMAS






Pure Veg. Cakes, Pastries, Cookies & Snacks


..... Spreading Happiness



9059 222 491
For Online Orders



SWIGGY
zomato
amazon



Public Sector

NLC India Ltd First Supercritical Power Plant Begins Commercial Operation



NLC India Limited (NLCIL) proudly announces the commencement of commercial operations of the first unit of its 3 x 660 MW Ghatampur Thermal Power Plant (GTPP) in Uttar Pradesh, developed through Neyveli Uttar Pradesh Power Limited (NUPPL), a joint venture with Uttar Pradesh Rajya Vidyut Utpadan Nigam Limited (UPRVUNL).

The first unit successfully completed its trial operation on December 7, 2024, and started

commercial operations from 00:00 hours on December 12, 2024. This milestone represents NLCIL's first venture into supercritical power generation technology, a major leap in enhancing the company's energy portfolio. Notably, this 660 MW capacity addition is significant as it marks the first fossil fuel-based Thermal Power Plant commissioned in India in this financial year. This accomplishment reinforces NLCIL's position in the power sector and its ability to execute large-scale projects that contribute to India's energy security and sustainable development goals.

With the commercial operation of the first 660 MW unit of the greenfield Ghatampur Thermal Power Station, the total installed power generation capacity of NLC India Limited and its group companies has increased from 6,071 MW to 6,731 MW.



HPCL Green R&D Centre Signs MoU with Sea6 Energy

HPCL has set-up its state-of-the-art HP Green R&D Centre in Bengaluru and is carrying out research in various areas related to petroleum refining, development of novel catalysts & additives, biofuels, alternate energy, nanotechnology, etc. and has developed patented technologies / products for various applications.

Sea6 Energy Private Limited headquartered in Bengaluru, was founded in 2010 to develop innovative solutions for key global problems. Over the last decade, it has become a pioneer of innovative technologies for sustainable, large-scale and mechanized farming of seaweeds and the conversion of this biomass to novel products.

Seaweeds provide an attractive alternative to traditional biomass as far as biofuel production is concerned because it doesn't compete with food security, does not require fertilizers or irrigation, can be practiced in areas unsuitable for traditional agriculture such as coastlines, etc. Moreover, seaweeds grow much faster than terrestrial crops, with some species capable of doubling their biomass in just a few days and they are an excellent option for carbon capture for meeting India's net-zero commitments by 2070.

HPCL and Sea6 Energy Private Limited, recognizing similarity of their interests, have entered into a Memorandum of Understanding (MoU) for R&D collaboration in areas of mutual interest on 9th December 2024, particularly on joint development and commercialization of technologies for valorizing seaweed biomass.

REC Limited Sweeps 29th Inter-CPSU Badminton Tournament with Gold in All Categories

REC Limited has achieved a historic feat by sweeping the 29th Inter-CPSU Badminton Tournament organized under the aegis of the Power Sports Control Board (PSCB), Ministry of Power, and hosted by NTPC Ltd from December 4 to December 7, 2024, at Noida Stadium.



REC clinched Gold medals in all three categories – Team Event, Singles, and Doubles – marking the third time the organization has accomplished this remarkable achievement.

In a gripping Singles Final, REC's Amit Verma emerged victorious after a thrilling three-set match against fellow REC player Vijay Behra, who secured the Silver Medal. Amit Verma's victory in the Singles was complemented by his performance in the Doubles category, where he teamed up with Vijay Behra to win Gold.

Along with Vijay Behra and Amit Verma, Aseem Gupta, Manager (Engg.), Kundan Lal, Manager (Engg.), Trivendra Kumar, Officer (Law), Trivendra Kumar, Officer (Engg.), Shadab Usmani, Officer (Engg.), Ms. Shikha Ujjain, Deputy Manager (F&A) also took part in this event.

This outstanding performance reinforces REC's legacy of excellence in sports and its commitment to fostering talent and teamwork within the organization. REC Limited continues to set new benchmarks in both professional and extracurricular arenas.

POWERGRID Signs MoU with IIT Roorkee to Establish Centres of Excellence

Power Grid Corporation of India Limited (POWERGRID), a 'Maharatna' Public Sector Enterprise under Ministry of Power, Government of India, has signed a Memorandum of Understanding (MoU) with IIT Roorkee for a '20.73 crore Corporate Social Responsibility (CSR) contribution to foster technology innovation through establishment of three state-of-the-art Centres of Excellence (CoEs) at Institute Computer Centre. MoU was signed in the presence of R. K. Tyagi, Chairman and Managing Director, Dr. Yatindra Dwivedi, Director (Personnel), Sh. Naveen Srivastava, Director (Operations), Vamsi Rama Mohan Burra, Director (Projects), Sh. Vikram Singh Bhal, ED (CC-CMG), Sh. A. Nagaraju, ED (CSR & SR-I) from POWERGRID, Sh. Jasbir Singh, ED from CTUIL, Prof. K. K. Pant, Director & Prof. Sateesh Kumar Peddoju, Head Institute Computer Center from IIT Roorkee and other senior dignitaries & officials from both the organizations. Arvind Kumar Rai, Sr. GM (CSR), POWERGRID and Prof. R.D. Garg, Dean of Resources and Alumni, IIT Roorkee signed this MoU at Corporate Centre, POWERGRID for establishment of these Centres of Excellence (CoEs), which include a Command-and-Control Centre for campus UHS networks, an IoT Research & Application Centre, and a Lab for Cyber Security and Mobile Security Hackathons and awareness programmes.

IndianOil expands its pioneering initiative for Prison Inmates and Correctional Homes



In a continued endeavour to uplift the lives of prison inmates and children in correctional homes, A S Sahney, Chairman, IndianOil launched Phase IX of IndianOil's 'Parivartan – Prison to Pride' and Phase VI of 'Nayi Disha – Redefining the Future'. In this phase, IndianOil will touch the lives of over 1650 individuals across 28 prisons and 14 correctional homes.

Inaugurating the ninth phase of unique social stewardship programmes, the Chairman shared that he is immensely proud that IndianOil is providing second chances to prisoners and giving purpose in the form of sports. "In the last 38 months, these programmes have reached 150 locations across 29 states and Union Territories. Over 7,300 lives have been impacted and these efforts resonate with IndianOil's ethos of 'Nation First,' reflecting our commitment to go beyond business and support the most vulnerable," he mentioned.

Highlighting the other welfare initiatives at Indian prisons, Sahney mentioned, "Beyond these commendable initiatives, we are also transforming lives through our Umeed – A Hope project. In collaboration with the State Prison Departments, we have established fuel stations operated by current and former inmates. Additionally, the opening of the first Tihar Jail Store (TJ's) at an IndianOil fuel station in New Delhi last year marked a milestone in mainstreaming marginalised communities.

On the occasion, the participating State government officials and prison authorities thanked IndianOil for this unique intervention that will help the inmates and children in correctional homes build a better life and contribute fruitfully to society.

PFC Launches a Cancer Detection & Awareness Mobile Van under CSR Initiative



Power Finance Corporation Limited (PFC) Ltd., a Maharatna Company and a leading Non-Banking Financial Company (NBFC) in the Indian power sector, has launched a Cancer Detection and Awareness Mobile Van under its CSR initiative aimed at addressing the high prevalence of cancer in the Murshidabad region in West Bengal. The van was launched and flagged off from

PFC by Parminder Chopra, CMD, PFC in the presence of Rajiv Ranjan Jha, Director (Projects), Sandeep Kumar, Director (Finance), and Smt. Simmi Nakra, CVO, PFC.

The van will be operated in partnership with Lilavati Hospital Kolkata, providing cancer screenings and raising awareness in rural areas. The van is equipped with advanced diagnostic tools, such as digital mammography, thermal ablation devices, digital X-ray, colposcopy, and real-time PCR. It will offer early cancer detection for both men and women, with a particular focus on cervical and breast cancers.

On this Occasion, Smt. Parminder Chopra CMD, PFC, stated, "Through this CSR initiative, we aim to make a significant impact on the health and well-being of the people. The mobile van will detect cancer early and raise awareness about cancer prevention and the importance of regular screenings".

NHPC celebrates International Day of Persons with Disabilities – 2024



NHPC, a Navratna enterprise of the Government of India celebrated 'International Day of Persons with Disabilities' with great enthusiasm on 3rd December 2024 under the theme 'Amplifying the Leadership of Persons with Disabilities for an Inclusive and Sustainable Future'.

R.K. Chaudhary, CMD, NHPC was the chief guest on the occasion. Uttam Lal, Director (Personnel) and Santosh Kumar, CVO were also present along with other senior officers and NHPC

Divyang employees. Speaking on the occasion, R.K. Chaudhary, CMD, NHPC expressed his greetings and acknowledged the courage and dedication of NHPC Divyang employees. He praised their determination and resilience and congratulated them for their various achievements in their professional as well as their personal lives.

In his address, Uttam Lal, Director (Personnel), NHPC said that NHPC continues to expand its efforts to promote inclusivity. He further added that NHPC is committed towards maintaining an ideal work place for its Divyang employees and ensure a working culture that is not only sustainable but also inclusive for all.

On this occasion a special film was screened showcasing the inspiring achievements of NHPC's Divyang employees and illustrating how they have overcome challenges and made significant contributions to NHPC's success. ONGC Videsh Limited acquires 0.615% Stake in ACG and 0.737% stake in BTC, Azerbaijan

ONGC Videsh Limited, Schedule "A" Navaratna Central Public Sector Enterprise, a wholly owned subsidiary of ONGC, premier Energy Company of India, has completed the acquisition of 0.615% Participating Interest (PI) in Offshore Azeri Chirag Gunashli (ACG) field in Azerbaijan from Equinor. This also includes acquisition of 0.737% Shares of Baku Tbilisi Ceyhan (BTC) pipeline company through its wholly owned subsidiary ONGC BTC Limited.



Is coffee good for your heart health? 3 studies offer insights



may help boost vascular health and lower the risk of type 2 diabetes, while others indicate that consuming too much may increase the risk of stroke.

Millions of people are regular coffee drinkers. Some people prefer to consume the popular caffeinated beverage in the morning to increase alertness and alleviate fatigue, while others consume it throughout the day for multiple other health benefits.

Considering that around 1 in 7 deaths worldwide are caused by coronary heart disease, coffee's potential cardioprotective benefits make it an exciting topic of research.

The most recent study on this topic, published in *Rheumatology*, found that consuming more caffeine—found in sources such as coffee, tea, and cocoa—may help improve blood vessel health. What made this study particularly interesting was that it was conducted in patients with lupus, an autoimmune disease that has been tied to an increased risk of stroke, heart attack, and cardiovascular disease.

But what does all the evidence so far say? Can coffee improve heart health, or does too much cause harm?

Building upon *Medical News Today's* regular in-depth reporting on studies related to heart health, this overview aims to provide a snapshot of the key pieces of research on caffeine's effects on the heart and overall health with experts' views on these findings.

Can drinking coffee lower diabetes, heart disease risk?
In a nutshell:

According to a study published in September in the Endocrine Society's *Journal of Clinical Endocrinology & Metabolism*, consuming coffee and caffeine in moderation on a regular basis could help prevent conditions like type 2 diabetes, coronary heart disease, and stroke. The amount the researchers found that had the most protective effects was around 200–300 mg daily, or roughly 2-3 cups of coffee.

Key takeaways:
The researchers compared people who did not consume any caffeine or who drank less than 100 milligrams (mg) per day with people who drank about 200 to 300 mg of caffeine a day, or the equivalent of three coffee drinks.

The latter group, who consumed a moderate amount of caffeine, had a 48.1% or 40.7% reduced risk of developing cardiometabolic diseases.

The study used data from the UK Biobank with a large sample size of over 360,000 people ages 37–73.

Melanie Murphy Richter, MS, RDN, a registered dietitian nutritionist who was not involved in the research, explained that the mechanism through which caffeine may reduce the risk of type 2 diabetes is by enhancing insulin sensitivity, as well as boosting fat metabolism to support overall cardiometabolic health.

Experts such as Cheng-Han Chen, MD, a board certified interventional cardiologist who was not involved in the study, cautioned as to overestimating caffeine's benefits and said:

“[B]oth coffee and tea are complex beverages that contain hundreds of bioactive compounds, and it is likely that their biological effects extend beyond those of the caffeine itself. Compounds such as flavonoids, alkaloids, and polyphenols, are thought to have antioxidant and anti-inflammatory effects, and might be involved in glucose and lipid metabolism as well.”

Can too much caffeine increase heart disease risk?
In a nutshell:

A study not yet published in a peer-reviewed journal but recently presented at ACC Asia 2024 in India in August found that people who chronically consume high amounts of caffeine at least five days per week may have an increased risk of cardiovascular disease. This was true even if the study participants were otherwise in good health.

Key takeaways:
For this study, the researchers defined chronic caffeine consumption as drinking any caffeinated beverage—including coffee, tea, soda, and energy drinks—five days a week for over a year.

This equaled about 400 milligrams (mg) of caffeine daily, or roughly four cups of coffee, two energy drinks, or 10 cans of soda.

The researchers discovered that people who consumed at least 400 mg had increased heart rates and blood pressure over time, and this was even more pronounced for people who consumed 600 mg of caffeine a day.

Commenting on their findings, Nancy Kagathara, MBBS, lead author of this study and researcher in the Department of Internal Medicine at Zydus Medical College and Hospital in India, said: “Due to its effect on the autonomic nervous system, regular caffeine consumption could put otherwise healthy individuals at risk of hypertension and other cardiovascular events. Increasing awareness of these risks is vital to improve heart health for all.”

Studies on caffeine's effects on heart health have gained interest in recent years. One crucial question remains: How much caffeine is too much?

In this roundup of the latest studies exploring the effects of caffeine on cardiovascular health, *Medical News Today* compiles the most recent evidence to highlight key findings and takeaways.

Some studies suggest that consuming caffeine

Exercise and deep sleep give the brain a 24-hour boost



- Regular exercise is good for brain health.
- Past studies show the 'boost' the brain receives from physical activity normally peaks within the first 10 to 20 minutes.
- Researchers from University College London have now found that the exercise-caused improvement to cognitive performance may actually last for 24 hours.
- Scientists also linked sitting less and getting 6 or more hours of sleep to better memory test scores the next day.
- Evidence points to the fact that regular exercise is good for overall health, including brain health.

Past studies show that physical activity can possibly help lower a person's risk for dementia — including Alzheimer's disease — and cognitive decline, more broadly.

Previous research shows that the “boost” the brain receives from exercise typically peaks within the first 10 to 20 minutes.

Now, researchers from University College London, in the United Kingdom, have found that the exercise-related improvement to cognitive performance may actually last for 24 hours.

Scientists also linked sitting less and getting 6 or more hours of sleep — especially additional REM sleep and deep sleep — to better memory test scores the next day.

Tracking how long exercise-related cognitive boosts last
For this study, researchers recruited 76 adults between the ages of 50 and 83 that had no diagnosis of dementia or cognitive impairment.

Each participant wore a wrist accelerometer for 8 days to track their physical and sedentary behavior, as well as their sleep patterns.

“Because our cognitive function declines as we age, and having good cognitive function is important for quality of life and independence, we want to continue to understand optimal ways to modify our lifestyle to maintain good cognitive function for as long as possible,” Mikaela Bloomberg, PhD, senior research fellow in the Department of Epidemiology and Public Health at University College London, and lead author of this study told *Medical News Today*.

“We know from laboratory-based studies that we get a cognitive boost in the minutes to hours following a bout of exercise,” Bloomberg continued. “We wanted to see whether this benefit might last longer than a couple hours, particularly in a group of older adults where maintenance of cognitive function is particularly important, and outside a laboratory setting.”

Moderate, vigorous exercise linked to improved memory the next day

Upon analysis, Bloomberg and her team found that more moderate or vigorous exercise — compared to a person's average — was correlated to an improved working memory (the ability to retain information while doing something else) and episodic memory (recalling everyday events) the next day.

Conversely, researchers discovered that being more sedentary led to decreased working memory the next day.

“Exercise stimulates blood flow and neurotransmitters that contribute to cognitive function,” Bloomberg explained. “[These findings mean] that the memory benefits of physical activity might last longer than previously established from laboratory-based studies.”

More than 6 hours of sleep linked to better memory, attention
The researchers also found that study participants receiving 6 or more hours of sleep had better episodic memory and psychomotor speed compared to those who slept less.

They further found that every 30 additional minutes of REM sleep the previous night was associated with an increase in participants' attention scores.

Moreover, each 30-minute increase in slow-wave sleep — also called deep sleep — was correlated to improved episodic memory score.

“Sleep and physical activity are intrinsically linked behaviors; we can't consider physical activity without taking sleep into account which is why we also considered sleep,” Bloomberg said. “This finding reiterates what is already known about sleep and next-day memory function.”

“It will be interesting as a next step to undertake similar research in a group of adults that is less cognitively healthy than the group we studied, to see whether we see different results,” she added.

“Among older adults, maintaining cognitive function is important for good quality of life, well-being, and independence,” Andrew Steptoe, PhD, professor of psychology and epidemiology and head of the Research Department of Behavioral Science and Health at University College London and co-author of this study said in a press release. “It's therefore helpful to identify factors that can affect cognitive health on a day-to-day basis.”

“This study provides evidence that the immediate cognitive benefits of exercise may last longer than we thought,” Steptoe continued.



Durga Jewels



BASHEERBAGH
5-8-30, Rd no. 5, Palace Colony
Basheerbagh, Hyderabad - 500 063
+91 92463 63318



KONDAPUR
3rd Floor 101, Sarath City Capital Mall
Gachibowli, Hyderabad - 500 084
+91 91004 00300

BEST ALTERNATIVE
TO DIAMONDS

- ★ Save 90% on Diamond cost
- ★ Daily wear in 18Kt Hallmarked Gold
- ★ 90% exchange & 80% buy back guarantee
- ★ Lab certified



MOSTAR
moissanites

www.mostarindia.com



@/mostarindia | f/mostarindia





Dil Raju as Chairman of TFDC

“There are issues concerning distributors and producers in Telangana. I will work to act as a bridge between them and the government to resolve these issues,” said Dil Raju. As known that Dil Raju has recently been appointed as the chairman of the Telangana Film Development Corporation (TFDC) by the Government of Telangana. He had officially assumed the position . On the occasion, Dil Raju expressed his gratitude to Chief Minister Revanth Reddy and Cinematography Minister Komatireddy Venkatreddy for appointing him in this position. Speaking to the media, he said, “It is CM Revanth Reddy garu’s idea to bridge the gap between the film industry and the government, and to restore the glory of TFDC. As per his vision, I will strive to develop TFDC and enhance the growth of cinema in Telangana.”Over the years, Hyderabad has developed as a hub for Telugu cinema after the industry moved here from Chennai. Now, our goal is to make Hyderabad the hub for Indian cinema, and also international cinema.”



Vaibhav Surya Making Rounds

The well-known Actor Vaibhav Surya is making rounds. He is quite an popular artist , another side he is also active on social-political platform. Yes the actor has recently attended “CHALO CHANNDRUGONDA” organized by VISHWA HINDU MAHASANGH, Bharat as one of the guest. His presence was quite in news ! He strongly believes in ‘jo fit hai vo hit hai’, for him regular exercise and cardio is must.



Dr.Harshad Jawalkar Joins AIG Hospitals

Well-known Dr Harshad Jawalkar , Orthopaedic Shoulder Surgeon have moved his practice to AIG Hospitals, Gachibowli, Hyderabad. “ This transition enables me to provide even better care, with access to world-class facilities and a collaborative healthcare environment.” Said Dr.Harshad. The patients should make a note that now ‘The Shoulder Centre’ has closed. Further for AIG appointments please call 8106968668. The Doctor will be available for outpatient appointments on Mondays, Wednesdays and Fridays from 9.30am to 4pm. (The other 3 days being operation theatre days)



Dr.Harish Releases MR’s Nov Edition

Midnight Reporter November edition is out with a bang released by hardcore IAS officer Dr.S.Harish , Special Commissioner to I&PR and Jt.Secretary to Revenue (DM) Dept. Click the link for epaper : www.midnightreporter.com



Wah ! Profile Pic Ka Jawab Nahi

Profile picture ho tho Hitesh Jashnani jaisi ! Hitesh, the man who is known for his fashion, style and off course for the PR in various groups. His recent profile picture is much appreciated on social media. Zabardast ,koi shak !



Lavish Birthday Party

Lavina Sachdev a renowned Interior designer celebrated her 40th birthday. The party was an unforgettable celebration filled with laughter, love, and good times. She invited close friends and family to join her in marking this milestone, and they gathered at a cozy venue that had a warm, welcoming vibe. The room was decorated with vibrant balloons, streamers, and a custom cake that stole the show. There was delicious food, great music, and plenty of drinks, and everyone was in high spirits, reminiscing about old memories and making new ones.



Danish In New Role

It’s a news that Film Director Danish Khan is been seen in a new role on social media as Crypto Analyst. Yes , he is the one who is coming on screen with some good information and awareness videos on Crypto currency. In fact recently he attended the Crypto and Digital Assets Summit Asia 2024 in Singapore, where he was invited to address the gathering. Can say that Khan has picked a very much needed subject. Best wishes.



Quote Of The Day

“The quality of your thinking determines the quality of your life.” This line is endorsed as the quote of the day, posted by happening Kishan Pedhapally, the man behind ASAV , the premium wine. He is known for his own style of living, sab se ala gaur sabse hatkey !!



Discover Unparalleled Luxury at Opulence by Tranceform @ Jubilee Hills

A new beacon of luxury has risen in the heart of Jubilee Hills, Hyderabad. Introducing Opulence by Tranceform—a premier destination for those who seek the finest in bathroom and wellness solutions.

Spanning an impressive 8,000 sq. ft. on the high street of Road No. 45, this state-of-the-art luxury showroom is designed to captivate your senses. Opulence offers live demonstrations of world-class products, allowing visitors to experience the perfect blend of design, technology, and craftsmanship.

Curated Exclusivity from International Iconic Brands.

Opulence brings a handpicked collection from the most prestigious international brands, including:

- THG Paris
- Noken
- Vanita & Casa

The extensive range of products is sourced from across Europe like Italy, Spain, France, Germany, Belgium and also from Great Britain ensuring unmatched quality, style, and innovation.

Luxury That Goes Beyond the Ordinary

At Opulence, luxury is not just showcased—it's experienced. The showroom features:

- A live sauna room, showcasing the pinnacle of relaxation and wellness.
- Whirlpools that redefine indulgence with cutting-edge design and functionality.
- A variety and vast range of multi-flow showers, offering precision and luxury for every need.
- The world's finest bathroom accessories, crafted for elegance and durability.

Each product is thoughtfully presented in immersive live setups, allowing customers to feel the transformative potential of these exquisite creations. Whether it's a sophisticated shower system, an indulgent whirlpool, or the most elegant accessories, Opulence promises to elevate your lifestyle.

Visit Opulence by Tranceform today and step into a world where luxury meets functionality. Witness the future of refined living, right here in Hyderabad.

Location: Road No. 45, Jubilee Hills, Hyderabad Experience hours: 10:30 AM to 7:30 PM.



ट्रंप का निर्देश. रहस्यमयी ड्रोन दिखाई दे तो उसे तुरंत मार गिराओ



अमेरिका के नवनिर्वाचित राष्ट्रपति डोनाल्ड ट्रंप ने देश के विभिन्न हिस्सों में दिखाई देने वाले रहस्यमयी ड्रोन को मार गिराने का निर्देश दिया है। रहस्यमयी ड्रोन सबसे पहले न्यू जर्सी में देखे गए थे लेकिन उसके बाद से अब इस प्रकार के ड्रोन अन्य स्थानों पर भी दिखाई देने लगे हैं। हालांकि अमेरिकी सरकार और व्हाइट हाउस ने अब तक यही कहा है कि इनसे राष्ट्रीय सुरक्षा को कोई खतरा नहीं है और न ही इसमें किसी विदेशी हाथ होने का कोई सबूत है लेकिन फिर भी रहस्यमयी ड्रोन का दिखना जांच का विषय है। ट्रंप ने शुक्रवार को सोशल मीडिया मंच पर एक पोस्ट में कहा ‘देश भर में रहस्यमयी ड्रोन दिखाई दिए हैं। क्या यह वास्तव में हमारी सरकार की जानकारी के बिना हो रहा है मुझे ऐसा नहीं लगता या तो जनता को इसके बारे में अभी जानकारी दो अथवा उन्हें मार गिराओ। ट्रंप ने इस पोस्ट के अंत में अपने हस्ताक्षर भी किए। इससे पहले बृहस्पतिवार को राष्ट्रपति कार्यालय एवं राष्ट्रपति के आधिकारिक आवास व्हाइट हाउस ने कहा था कि अभी तक ऐसा कोई सबूत नहीं मिला है कि ड्रोन देखे जाने की कथित घटनाएं राष्ट्रीय सुरक्षा या सार्वजनिक सुरक्षा के लिए खतरा हैं या उनका किया अन्य देश से संबंध है।

व्हाइट हाउस के राष्ट्रीय सुरक्षा संचार सलाहकार जॉन किर्बी ने संवाददाताओं को बताया कि आंतरिक सुरक्षा मंत्रालय और एफबीआई इन घटनाओं की जांच कर रहे हैं तथा यह पता लगाने की कोशिश कर रहे हैं कि ये ड्रोन कहां से आ रहे हैं। किर्बी ने कहा अमेरिका का तट रक्षक बल न्यूजर्सी को सहयोग दे रहा । महत्वपूर्ण बात यह है कि किसी भी प्रतिबंधित हवाई क्षेत्र में ड्रोन दिखाई देने की कोई सूचना नहीं है।

पाकिस्तान में भी फैस ने राज कपूर पर बरसाया प्यार

पाकिस्तानी सांस्कृतिक और फिल्म प्रेमी बॉलीवुड के दिग्गज फिल्म निर्माता एवं अभिनेता राज कपूर की 100वीं जयंती मनाने के लिए शनिवार को पेशावर के भकपूर हाउस में इकट्ठा हुए और इस दौरान उन्होंने केक काटकर उनकी जयंती मनाई। आयोजन में शामिल लोगों ने राज कपूर और बॉलीवुड के दिग्गज अभिनेता दिलीप कुमार के पैतृक घरों के जीर्णोद्धार के लिए 10 करोड़ रुपये आवंटित करने की विश्व बैंक की घोषणा का भी स्वागत किया।

प्रसिद्ध किस्सा खवानी बाजार के पास स्थित दोनों घरों को पेशावर के भारतीय सिनेमा से गहरे संबंधों के प्रतीक के रूप में माना जाता है। कल्चरल हेरिटेज कार्डसिल; सीएचसी और पुरातत्व निदेशालय खैबर पख्तूनख्वा द्वारा संयुक्त रूप से आयोजित इस समारोह में कपूर की विरासत को याद करने के लिए बड़े पैमाने पर कार्यक्रम आयोजित करने का आह्वान किया गया। कार्यक्रम में मौजूद लोगों ने कपूर के पाकिस्तान से संबंधों पर बल दिया और सिनेमा पर उनकी अमिट छाप की प्रशंसा की।

कपूर का जन्म 14 दिसंबर 1924 को पेशावर के ठाकी नलबंदी में हुआ था और 1988 में उनका निधन हो गया। इस कार्यक्रम में मुख्य अतिथि के तौर पर पाक-ईरान ट्रेड एंड इन्वेस्टमेंट कार्डसिलथ् के सचिव मोहम्मद हुसैन हैदरी मौजूद रहे। दिग्गज अभिनेता पृथ्वीराज कपूर के बेटे राज कपूर ने अपने 40 साल के करियर के दौरान आवारा बरसात श्री 420 संगम और मेरा नाम जोकर जैसी फिल्में बनाईं।

ऑस्ट्रेलिया की संसद में बच्चों के लिए सोशल पर प्रतिबंध के लिए कानून पेश



मीडिया ऑस्ट्रेलिया की संचार मंत्री ने बृहस्पतिवार को संसद में एक ऐसा कानून पेश किया जिसके तहत 16 साल से कम उम्र के बच्चों के लिए सोशल मीडिया का उपयोग प्रतिबंधित रहेगा। संचार मंत्री मिशेल रोलैंड ने कहा कि आजकल ऑनलाइन सुरक्षा अभिभावकों के लिए एक बड़ी चुनौती बन गई है। ऑस्ट्रेलिया की संचार मंत्री

रोलैंड ने कहा कि अगर टिकटॉक, फेसबुक, स्नैपचैट, रेंडिट एक्स और इंस्टाग्राम जैसे सोशल मीडिया मंच बच्चों को इन सोशल मीडिया मंचों पर अकाउंट बनाने से रोकने में विफल रहते हैं तो इन; सोशल मीडिया मंचों पर पांच करोड़ ऑस्ट्रेलियाई डॉलर तक का जुर्माना लगाया जा सकता है।

रोलैंड ने कहा ऑस्ट्रेलिया के बहुत से युवाओं के लिए सोशल मीडिया हानिकारक साबित हो सकता है। लगभग दो-तिहाई 14 से 17 साल के ऑस्ट्रेलियाई बच्चों ने बेहद हानिकारक सामग्री ऑनलाइन देखी है जिसमें मादक पदार्थ का सेवन, आत्महत्या या खुद को नुकसान पहुंचाने के साथ-साथ हिंसक सामग्री शामिल है। एक चौथाई बच्चों ने असुरक्षित खानपान आदतों को बढ़ावा देने वाली सामग्री देखी है। उन्होंने कहा कि सरकारी शोध में पाया गया कि 95 प्रतिशत ऑस्ट्रेलियाई अभिभावक ऑनलाइन सुरक्षा को अपने पालन-पोषण की सबसे कठिन चुनौतियों में से एक मानते हैं।

चीन ने नाबालिगों के वीडियो गेम खेलने पर लगाए सख्त प्रतिबंध



चीन ने नाबालिगों के ऑनलाइन गेम खेलने पर सख्त पाबंदियां लागू की हैं लेकिन बच्चे इन प्रतिबंधों से बचने के लिए नई-नई तरकीबें खोज लेते हैं। यह स्थिति ऑस्ट्रेलिया सहित अन्य देशों के लिए भी महत्वपूर्ण सबक है जहां सोशल मीडिया और गेमिंग के उपयोग पर

नियंत्रण बढ़ाने की योजनाएं बनाई जा रही हैं। चीन ने 18 साल से कम उम्र के बच्चों के लिए वीडियो गेम खेलने के समय को बेहद सीमित कर दिया है।

2019 के नियम –
• सप्ताह के दिनों में रोज़ाना 90 मिनट।
• सप्ताहांत और छुट्टियों में 3 घंटे।
• रात 10 बजे से सुबह 8 बजे तक खेलना पूरी तरह प्रतिबंधित।

2021 के संशोधन –
• केवल शुक्रवार, शनिवार, रविवार और सार्वजनिक छुट्टियों पर वह भी रात 8 से 9 बजे तक खेल की अनुमति।

2023 का विस्तार–
• इन नियमों को वीडियो शेरिंग साइट्स, लाइव स्ट्रीमिंग प्लेटफॉर्म और सोशल मीडिया पर भी लागू किया गया।

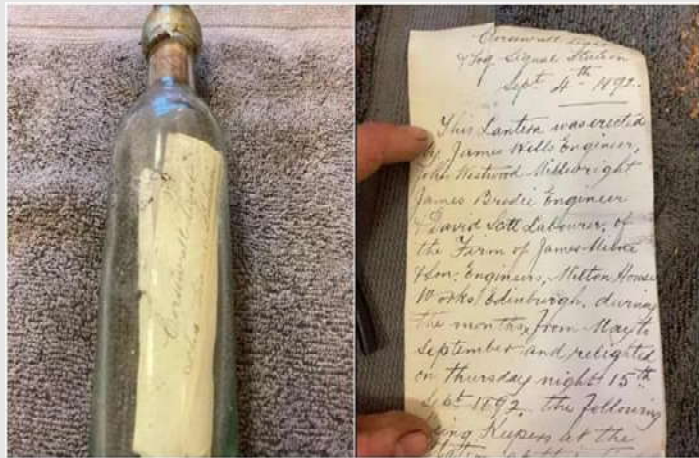
पाबंदियों को लागू करने के उपाय –
चीनी सरकार और टेक कंपनियां नियमों के अनुपालन के लिए तकनीकी समाधान लागू कर रही हैं कि खिलाड़ियों को अपना वास्तविक नाम और पहचान पत्र प्रस्तुत करना होता है। कुछ गेम प्लेटफॉर्म में चेहरे की पहचान के जरिए आयु सत्यापित की जाती है। इसके अलावा मोबाइल डिवाइस निर्माता और ऐप स्टोर ने माइनर मोडल् लॉन्च किया जो नाबालिगों के गेमिंग समय को सीमित करता है।

चीन में सख्त नियमों के बावजूद नाबालिग इनसे बचने के लिए अलग-अलग तरीके अपनाते हैं जैसे–

वे फर्जी अकाउंट बना रहे हैं और बड़े रिश्तेदारों या दोस्तों के नाम पर अकाउंट फंजीत कर रहे हैं।
• प्रतिबंधों से बचने के लिए बच्चों को अकाउंट किराए पर दिए जाते हैं।
• चेहरे की पहचान तकनीक को बड़े लोगों की तस्वीरों से मात देना।
• इन उपायों ने गोपनीयता और सुरक्षा चिंताओं को जन्म दिया है।
• अकाउंट किराए पर लेने की प्रक्रिया में ठगी के कई मामले सामने आए हैं।
• एक घटना में लगभग 3000 नाबालिगों से 86000 युआन; लगभग 18500 ठगे गए।

132 साल बाद दीवार में दफन बोटल से निकली चिट्ठी

स्कॉटलैंड के किर्ककोलम में स्थित ऐतिहासिक कॉर्सेवॉल लाइटहाउस में चल रहे रेनोवेशन के दौरान एक हैरान कर देने वाली घटना सामने आई। इंजीनियरों को लाइटहाउस की दीवार के अंदर से एक कांच की बोटल में बंद चिट्ठी मिली। यह चिट्ठी 132 साल पुरानी थी और इसके विषय ने रेनोवेशन टीम को चौंका दिया। चिट्ठी में उन उपकरणों और कामों का उल्लेख था, जिन पर वर्तमान में इंजीनियर काम कर रहे थे। स्कॉटलैंड यूनाइटेड किंगडम का एक देश है। यह ग्रेट ब्रिटेन का उत्तरी भाग है। यह पहाड़ी देश है ।



चिट्ठी का अनाख्य इतिहास
कॉर्सेवॉल लाइटहाउस, जिसे 1817 में बनाया गया था, स्कॉटलैंड के समुद्री नेविगेशन के लिए एक महत्वपूर्ण संरचना है। यह चिट्ठी 15 सितंबर 1892 की तारीख में लिखी गई थी। इसे क्विल स्थायी से लिखा गया था और एक कांच की बोटल में सील कर दीवार

में सुरक्षित रखा गया था। 36 वर्षीय इंजीनियर रॉस रसेल जो अपनी टीम के साथ लाइटहाउस के रेनोवेशन पर काम कर रहे थे ने इस खोज को अविश्वसनीय और चौंकाने वाला बताया।

चिट्ठी में क्या लिखा –
चिट्ठी में लिखा था इटहाउस की फ्रेन्नेल लेंस; एक विशेष प्रकार का प्रकाश उपकरण का स्थापना जेम्स डोव एंड कंपनी एडिनबर्ग द्वारा की गई थी।

यह काम मई से सितंबर 1892 के बीच हुआ था और इसे 15 सितंबर की रात को फिर से चालू किया गया था। प्रोजेक्ट को जेम्स वेल्स एंड जॉन वेस्टवुड और जेम्स ब्रॉडी जैसे इंजीनियरों ने अंजाम दिया था। उस समय के लाइटहाउस के प्रमुख रखवाले और सहायक कर्मियों के नाम भी चिट्ठी में उल्लेखित थे। चिट्ठी में यह भी लिखा गया था कि यह प्रोजेक्ट बेहद चुनौतीपूर्ण था और इसे पूरा करने में पूरी गर्मी का समय लग गया।

संयोग या पुरखों का संदेश–
इंजीनियरिंग टीम के लिए यह चिट्ठी इसलिए खास बन गई क्योंकि इसमें जिन उपकरणों और लेंस का उल्लेख किया गया था, वे उन्हीं पर काम कर रहे थे। टीम के सदस्य मिलर ने इसे पुराने इंजीनियरों की ओर से उन्हें भेजा गया एक सीधा संदेश बताया। रॉस रसेल ने कहा कि यह एक अजीब और अद्भुत संयोग है कि 132 साल पहले के इंजीनियरों ने जो काम किया, वह हमारे काम से इतना मेल खाता है।

यह हमें अतीत से जोड़ता है और प्रेरित करता है। हालांकि लाइटहाउस के मालिक ने शुरू में मजाक करते हुए कहा था कि यह एक खजाने का नक्शा हो सकता है। लेकिन चिट्ठी का गहराई से अध्ययन करने के बाद उन्होंने इसे 1892 के इंजीनियरों और लाइटहाउस के रखवालों द्वारा लिखा गया ऐतिहासिक दस्तावेज माना गया।



‘Chalo Chamba’ campaign shines at Himalayan Orange Tourism Fest

The “Chalo Chamba” campaign, launched by the Chamba district administration in collaboration with Not On Map, an organisation promoting sustainable tourism in the region, gained significant attention at the 6th Himalayan Orange Tourism Festival (HOTF) in Kolkata. The festival, organised by the Association for Conservation and Tourism (ACT), served as a platform to celebrate the Himalayan region’s culture, heritage, and natural beauty. The campaign, represented by Not On Map, emphasised community-based rural tourism and highlighted Chamba’s historical, religious, and ecological appeal.

The three-day festival drew over 60,000 visitors and featured cultural performances and exhibits from regions such as North Bengal, Sikkim, Himachal Pradesh and neighbouring Hima-

layan countries like Nepal and Bhutan. Dignitaries, including West Bengal’s Minister of State for Fire and Emergency Services, Sujit Basu, and consuls from Nepal, Bhutan, and Russia, inaugurated the event, creating a vibrant atmosphere of cultural exchange.

The Chalo Chamba stall, showcasing the district’s unique tourist attractions, received widespread appreciation. Visitors were drawn to insights about the region’s pristine locales and sustainable travel experiences. The campaign’s alignment with eco-tourism and agro-tourism trends resonated with attendees, encouraging interest in Chamba’s hidden gems. Raj Basu, known as the “Tourism Gandhi of India,” praised the initiative and emphasized the importance of community-driven tourism in the Himalayan region.

Kashmir tourism agents visit Visakhapatnam to promote tourism



Jammu—The department of tourism J&K participated in the 8th Convention of Association of Domestic Tour Operators of India (ADTOI) at Visakhapatnam to promote J&K as a preferred tourist destination. The 3-day annual Convention was inaugurated by the Chief Minister of Andhra Pradesh N. Chandrababu Naidu on November 17, 2017 in presence of Tourism Minister Bhuma Akhila Priya Reddy, top bureaucrats and a galaxy of tourism personalities of the country. Deputy Director Tourism Kashmir Waseem Raja led the team of J&K tourism including leading tour operators from all the three regions of the state.

Waseem Raja gave the presentation on J&K tourism by screening recently launched 5-minute film “Warmth Place on Earth” produced on the theme of Kashmir hospitality and other videos on tourism which mesmerized audience drawn from different parts of the country and other countries. Waseem Raja also took part in the panel discussion describing the social causes undertaken by the tourism stake holders and bigger hotel chains by taking care of natural resources and extending social support to local villagers at certain levels and locations. Director Tourism Kashmir Mahmood A Shah said participation of the department in the travel marts, road shows and annual conventions at national level helps promote tourism at the right platform where hundreds of the leading tour operators from across the country and other countries participate. Notably, ADTOI convention is one of the largest conventions of tour travel operators in the country.Over 300 tour and travels operators from different states participated in the convention.

Israel Tourism eyes Indian Adventure Market



The Israel Ministry of Tourism (IMOT) recently participated in the Adventure Tour Operators Association of India (ATOAI) convention in Tawang, Arunachal Pradesh, marking its debut at the event. IMOT aimed to promote Israel as an adventure destination while strengthening ties with Indian tourism professionals and stakeholders. Discussions centered around sustainable travel initiatives, collaboration opportunities, and familiarisation trips to offer Indian tour operators firsthand experiences of Israel’s adventure offerings.

Amruta Bangera, Director of Marketing, IMOT-India, emphasised Israel’s diverse appeal for thrill-seekers. She highlighted activities like hiking in Eilat’s rugged mountains, rappelling in the Golan Heights, and scuba diving in the Red Sea, which make Israel an unparalleled adventure destination. IMOT’s participation allowed for deeper insights into the Indian adventure travel market and encouraged travel agents to incorporate Israel’s unique experiences into their itineraries.

Israel has seen a steady increase in Indian tourists, with 8,500 visitors from January to October. With the upcoming Jubilee year celebrations, IMOT is keen on leveraging its potential to attract more Indian travellers. The convention reaffirmed its commitment to diversifying tourism products and building lasting partnerships with the Indian travel trade.

The shared passion for exploration between India and Israel offers immense growth opportunities for adventure tourism. IMOT’s active engagement at ATOAI sets the foundation for increased tourist arrivals and stronger cultural ties between the two nations.

Odisha lacks tourism potential despite beaches turning into wedding destination



Although Odisha’s beaches - Puri in particular - are gaining popularity for destination weddings, the trend has not been able to add much to the state’s tourism potential.

With a mesmerising backdrop of the clear sea and pristine beaches, Puri, Gopalpur and Konark along with Chilika lake have begun to gradually take place among preferred wedding destinations in the country. However, they have not been able to pitch themselves as high-end wedding destinations to attract the niche national and global clientele seeking exotic experiences. “This despite the fact that hosting a destination wedding in the state is five times cheaper than that in places like Jaipur, Benaras or Haridwar,” said chairman of hotel and restaurants association of Odisha (HRAO) JK Mohanty. In Odisha, Puri is the most sought-after destination for weddings. A newly opened luxury star hotel property in Puri hosted 17 destination weddings in November and December and is booked on all wedding dates in January and February as well. Realising its potential, the Ministry of Tourism has included Puri in its ‘India Says I Do’ campaign that aims at showcasing 25 places across the country as premier wedding destinations on the global stage. The campaign was unveiled this year after Prime Minister Narendra Modi called for a ‘Wed in India’ movement. The campaign taps into Puri’s rich cultural heritage, diverse landscapes including beaches, and traditional ceremonies, making it appealing to foreign couples seeking unique and exotic wedding experiences.

Malaysia and Indonesia Forge Closer Tourism Links with New Travel Fair



The 2024 Malaysia Travel Fair officially opened its doors in Yogyakarta on Friday, marking a major step in fostering tourism ties between Malaysia and Indonesia. This event is the first of its kind in Yogyakarta, a city renowned for its rich artistic and cultural heritage.

This event is a collaborative effort with local and regional travel associations, marking a significant push to enhance economic and cultural exchanges between the two countries. The fair was inaugurated with a ceremony that underscored the importance of this initiative in strengthening bilateral relations and promoting mutual understanding.

The fair is being held over three days at Jogja City Mall, where attendees can access exclusive travel packages and promotional discounts from some of the top tour operators in the region. This has sparked considerable interest among locals, positioning Malaysia as an attractive travel destination.

Attendees of the fair can enjoy a variety of activities, including cultural performances, traditional Malaysian dance shows, and interactive demonstrations such as tea pulling. These elements showcase Malaysia’s rich cultural tapestry and commitment to cultural exchange.

Tourism Malaysia, operating under the Ministry of Tourism, Arts and Culture, is instrumental in promoting Malaysia as a premier travel destination globally. The fair also aligns with global sustainability goals and is part of a broader strategy to promote sustainable tourism practices.

Looking ahead to the Visit Malaysia Year 2026, the fair places a strong emphasis on sustainable tourism, supporting the United Nations Sustainable Development Goals. Moreover, the fair supports regional tourism initiatives like the Indonesia-Malaysia-Thailand Growth Triangle, aiming to present the region as a cohesive travel destination over the next few years.