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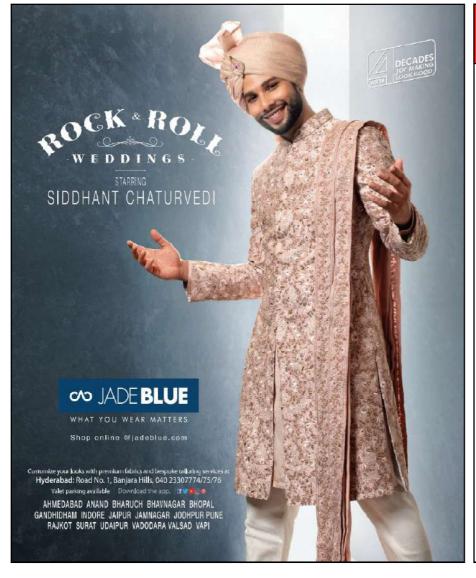
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Diwali Dhamaka!

Rishi Sunak as **British Prime Minister**

The newly-inducted United Kingdom Prime Minister Rishi Sunak, who is an observant Hindu, noted that his appointment depicted the diversity in Britain. The 42-year-old youngest prime minister of the UK also noted that he was the appropriate person to lead the country through the UK's heightened inflation and cost-of-living crisis, given his record as the finance minister.

Sunak, as Johnson's finance minister, would lay out traditional Diwali decorations on the doorstep of his official residence at 10 Downing Street. His grandparents hailed from Punjab in northern India and emigrated to Britain from eastern Africa in the 1960s.

On the festival of lights earlier this year, Sunak won the race to replace Liz Truss as the UK Prime Minister. His first event as the UK premier was a Diwali reception in Downing Street.

Sunak, a brief history:

Sunak was born in Southampton in 1980

He was educated at private boarding school Winchester College. Oxford University and Stanford University in California

His political career began with winning a safe Tory seat of Richmond in Yorkshire in 2015

He was catapulted to the post of Chancellor of Exchequer when his former boss, Sajid Javid, resigned in February 2020

Sunak has two daughters with his wife, Akshata Murthy



ppointments

Sunil Kumar Garg (ITS:1985) was prematurely repatriated to his parent cadre on the grounds of availing benefits of promotion in the cadre. Currently, he is working as Director (JS level), National Water Informatics Centre under the Department of Water Resources, River Development & Ganga Rejuvenation.

dent Fund Organisation (CMPFO), Dhanbad was assigned to Sumeet Kumar Sinha (IRSS:1999) for a period of six months beyond 19.11.2022 or till the appointment of a regular CVO. Currently, Sinha is working as CVO, Coal Mine Planning & Design Institute Ltd (CMPDIL), Ranchi.

PESB advertised the post of Director (Power), Bharat Heavy Electricals Limited (BHEL); a post which is scheduled to fall vacant on 01.09.2023. PESB has sought applications from experienced candidates fulfilling the prescribed eligibility for the post by 05.01.2023

Murlikrishna Ramaiah (General Manager, SAIL) for the post of Director (Personnel) in Bharat Coking Coal Ltd (BCCL).

Niranjan Subudhi, currently working as Deputy Director in ED, was appointed as Joint Director in the Enforcement Directorate

Ms Vandana Kumar (IDAS:1992) was appointed as Additional Secretary, Rajya Sabha Secretariat in the rank and pay of Additional Secretary for a period of three years. Currently, she is working as an Additional Secretary in the Ministry of New & Renewable

Sumant Narayan (IA&AS:2000) was appointed as Joint Secretary & Financial Adviser, Rajya Sabha Secretariat for a period of three years. Currently, he is working as Principal Director (Audit), Northern Railways. Additional Secretary in the Ministry of New & Renewable Energy.

The Deputy Secretary level post in the Ministry of Defence presently held by Susheel Khajuria (CWES:2007) was re-designated as Director as a measure personal to him for a period up to 14.01.2024 i.e total tenure of five years. He counts his central deputation tenure w.e.f. 15.01.2019.

The tenure of additional charge of the post of CVO, Power Grid Corporation of India Ltd. (PGCIL) entrusted to Ms. Simmi R. Nakra (IP&TAFS:1994), CVO, Power Finance Corporation (PFC), was extended beyond 18.10.2022 till the assumption of charge of the regular incumbent.

B Sairam was appointed to the post of Director (Technical), at Central Coalfields Limited (CCL) for a period of five years. Currently, Sairam is working as Executive Director in Coal India Limited (CIL)

Anuj Kanwal was appointed to the post of Commissioner of Command Area Development (CAD). Currently, he is working as Director, Central Water Commission.

Rajan Kanwar (GM, NFL) was appointed to the post of Director (Technical) in the National Fertilizers Limited (NFL) till the date of his superannuation i.e. 30.04.2025.

The PESB on 20.10.2022 notified the vacancy of the post of Director (Human Resources) Engineers India Limited (EIL); a post that is scheduled to fall vacant on October 01, 2023. PESB has sought applications from experienced candidates fulfilling the prescribed eligibility for the post by December 29, 2022.

Ms Mrinalini Shrivastava (IPS:2002:SK) was appointed as Director in the National Disaster Management Authority (NDMA) under the Ministry of Home Affairs for a period upto 29.02.2024 (i.e. till G-20 Sectt is functional). Further, her tenure may be extended upto admissible tenure under Central Staffing Scheme.

Dileep Kumar Rajput (IRSSE:2012) was appointed as Deputy Secretary in the Ministry of Health & Family Welfare for a period upto 29.02.2024 (i.e. till G-20 Secretariat is functional).

Satish Sharma (IOFS:2003) was appointed as Director, National Health Authority under the Ministry of Health & Family Welfare for a period of five years.

Ms Arkaja Das (IPoS:2010) was appointed as Deputy Secretary in the Ministry of Women and Child Development for a period upto 29.02.2024 (i.e. till G-20 Sectt is functional).

Saurabh Singh (IA&AS:2013) was appointed as Deputy Secretary in the Department of Economic Affairs for a period upto 29.02.2024 (i.e. till G-20 Secretariat is functional).

Rajendra Kumar (IOFS:2005) was appointed as to the post of Deputy Secretary in the Office of Custodian of Enemy Property for India (CEPI), Lucknow under the Ministry of Home Affairs (MHA) for a period of four years

PESB selected Rohit Kumar Agrawala (CGM, IOCL) for the post of Director (Finance), Chennai Petroleum Corporation Limited (CPCL).

Anant Kumar (IRSME:2004) was appointed as Director in the Ministry of New & Renewable Energy for a period upto 29.02.2024 (i.e. till G-20 Secretariat is functional).

Vivek Sambharya (IA&AS:2013) was appointed as Deputy Secretary in the Ministry of Home Affairs for a period of four

63 officers awarded with Sandeep Kumar Gupta 'Union Home Minister's Special Operation Medal'

63 police officers from Telangana, Punjab, Maharashtra, The additional charge of the post of CVO, Coal Mines Provi- Delhi and Jammu and Kashmir, have been awarded "Union Home Minister's Special Operation Medal" for the Year- 2022, by the Ministry of Home Affairs (MHA) on Monday for four special operations conducted by them in areas of terrorism, border action, arms control, prevention of narcotics smuggling and rescue operations

> A total of 63 police officers have been awarded the special medal on Sardar Patel's birth anniversary. Those awarded belonged to Telangana, Punjab, Maharashtra and Union Territories of Jammu and Kashmir as well as Delhi. The medals were awarded at the 'Run For Unity' event to mark the birth anniversary of Sardar Vallabhbhai Patel.

The deputation tenure of Rakesh Aggarwal (IPS:1994:HP), Joint Director in CBI, was extended for a period of six months beyond 02.09.2022).

The deputation tenure of Ms Sampat Meena (IPS:1994:JH), Joint Director in CBI, was extended for a combined period of seven years upto 21.09.2024.

Aadhithya R (IPS:2014:KL) was appointed as Scientist 'C' (SP level/equivalent post) in the National Technical Research Organization (NTRO) initially for a period of four years

The tenure of Rakesh Aggarwal (IPS:1994:HP), Joint Director, Central Bureau of Investigation (CBI), was extended for a period of six months beyond 02.09.2022 in relaxation of IPS Tenure Policy.

The tenure of Ms. Sampat Meena (IPS:1994:JH), Joint Director, Central Bureau of Investigation (CBI) was extended for a combined period of 07 years upto 21.09.2024.

Anish Dayal Singh (IPS:1989:MT) was appointed as DG, ITBP till superannuation 31.12.2024. He is Special Director, IB.

SL Thaosen (IPS:1988:MP) was appointed as DG of CRPF till his retirement i.e. 30.11.2023

B Vijay Datta (IAS:2011:MP) was appointed as Private Secretary to Smt Darshana Vikram Jardosh, Union Minister for Railways and Textiles, in the Ministry of Textiles. His term under Central Deputation will be up to 19.01.2026 i.e. for the balance period of his four years. Currently, he is working as Deputy Secretary in the Ministry of New and Renewable

The Central Deputation tenure of Sibi Chakravarthy M (IAS:2008:MP) was extended for a period of two years w.e.f. 24.10.2022. Currently, he is working as Director, Cabinet Secretariat.

Ms Leena Johri (IAS:1994:UP), Additional Secretary & Financial Advisor, Ministry of Rural Development, repatriates to her parent cadre on the request of the Government of Uttar Pradesh with the imposition of extended "cooling off".

The tenure of the additional charge of the post of Development Commissioner (JS level), Vishakhapatnam Special Economic Zone (VSEZ) to DV Swamy (IAS:2001:OD) was extended for a period of six months beyond 17.09.2022. Currently, Swamy is working as a regular Chairman, Marine Products Exports Development Authority (MPEDA), Kochi.

Ram Singh (IAS:2008:AM) was appointed as Private Secretary to Parshottam Rupala, Union Minister for Fisheries, Animal Husbandry and Dairying for a period upto 24.05.2027 i.e. for the balance period of his five years central deputation tenure.

Naresh Kumar (IAS:1987:UT), the incumbent Chief Secretary of Delhi, was empanelled for holding Secretary Equivalent level post in the Govt of India.

Rajya Sabha Joint Secretary Puneet Kumar (IAS:1993:KL) was on Thursday relieved and expected to report to the parent Cadre i.e. Govt of Kerala. He was appointed in Rajya Sabha on May 25, 2021.

Rajit Punhani (IAS:1991:BH) was on Thursday appointed as Secretary, Rajya Sabha Secretariat in the rank and pay of Union Secretary for a period of three years. Currently, he is working as an Additional Secretary and Financial Adviser in the Home Ministry (Govt of India).

Surendra Singh (IAS:2005:UP) was on Thursday assigned with the additional charge of Officer on Special Duty (OSD), in New Delhi Municipal Council (NDMC) in addition to his present assignment. Currently, he is working as Secretary to Vinai Kumar Saxena, Delhi LG.

assumes charge as GAIL CMD



Sandeep Kumar Gupta has assumed the charge as Chairman and Managing Director, GAIL (India) Ltd. After taking over, he addressed the employees of the company and expressed his confidence in the outlook of the company which is relentlessly professing its growth path in the natural gas value chain.

He also recognized the balanced business portfolio of the company built over time and overall contribution to development of the natural gas sector in the country, the contributions of his predecessors and support of stakeholders including Ministry of Petroleum & Natural Gas and employees, which have played a key role in the growth witnessed by GAIL over the years.

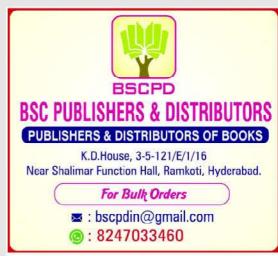
He mentioned that the company is aligned with the government's vision of having based economy wherein the share of natural gas in the energy mix is to be taken to 15 per cent by year 2030.

Sr IPS officer Sujoy Lal Thaosen new CRPF DG

Senior IPS officer Sujoy Lal Thaosen has been appointed new Director General (DG) of Central Reserve Police Force (CRPF). Thaosen is a 1988 batch IPS officer of Madhya Pradesh cadre. He is currently posted as DGP of Sashastra Seema Bal (SSB) and was holding the additional charge of ITBP chief as well.

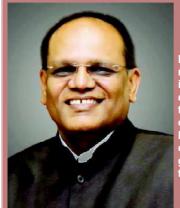
The Appointments Committee of the Cabinet (ACC) issued the order of appointment of Thaosen late evening on Saturday. The post of DG, CRPF, lying vacant with the superannuation of 1986 batch IPS officer Kuldiep Singh, who was the chief of India's largest Central Armed Police Force till September 30.

The 59-year-old Thaosen was born in Haflong in Assam and holds a PhD degree from Ujjain University. He has served in forces like the Special Protection Group (SPG), which looks after the security of the Prime Minister of India. He also served in the Border Security Force (BSF) and the United Nations as a part of the international Police Task Force (IPTF).





Corridors of Power



Top Achiever

Good News! So again Telangana flag is flying higher. As per the report Telangana stood in front row as top achiever in implementing Ease Of Doing Business (EODB). In this context the happening chief secretary Somesh Kumar has appreciated the efforts of all the principal secretaries of various departments. Another news is Dharni portal has completed its 2 years clocked 9.16 Cr hits and completed 26 lakh transactions. About 3.16 lakh grievances were resolved while 11.24 lakh sale transactions handled. Big one!

Happening Hyderabad



Hyderabad's first-ever Formula E E-Prix race will take place on February 11, 2023! The ABB FIA Formula E World Championship is all set to debut in India, with Hyderabad being the host city. The 2023 Ace Hyderabad E-Prix will take place at Hyderabad's street circuit around the famous Husain Sagar lake and it will continue to host the race there up until 2026. The announcement was made today in Delhi alongside the display of Mahindra's Gen3 Formula E racing car. During the announcement Hardeep Singh Puri, Union Minister for Housing & Urban Affairs and Minister for Petroleum & Natural Gas, Kapil Dev, Indian former cricketer and Arvind Kumar, Special Chief Secretary, MA&UD can be seen on stage.

Probationers met CV. Anand

8 IAS probationers of 2020 batch allotted to Telangana cadre toured the state-of the-art Telangana State Integrated Command Control Center and Hyderabad City Police Commissionerate. The probationers met happening Hyd police Chief Cv.Anand, who explained about the city police history, functioning of various wings, technological advancements, and the importance of applications being used to control crime and uphold the Law &order. The team of probationers include Makarandu Manda, Mayank Mittal, B.Rahul, Apurv Chauhan, Praful Desai, Abhishek Augustya, Ashwini Wakhade, Pratiba Singh.Vikram Singh Mann,IPS Addl.CP L&O, Sri.M.Ramesh IPS Jt.CP. Admn were also present.



Click Of The Month

Happening super cops TSRTC MD VC.Sajjanar & Rachakonda CP Mahesh Bhagwat is sharing the stage together! This click is endorsed as click of the month. Amazing moment! Occasion - Pureathon 2022, 2K/5K Fun Walk & Run organized by People for Urban & Rural Education Trust for creating awareness of the Menstruation. "Men should help to remove the taboo in the society." Kudos to Shyla Talluri for taking up such a cause to spread the awareness.



Congratulations to THUB

T Hub , Hyderabad is celebrating its 7th birthday ! And the diplomat Andrew Fleming, who is working at Bangalore city presently conveyed his wishes. He congratulated the founders KTR & Srinivas Kollipara and the many who contributed to your incredible success. Look how you've grown and still there is more to come. Wishes to



First Aid FIRST

First aid first! The Governor of Telangana Dr.Tamilisai Soundararajan inaugurated "Master Trainers Training Workshop -First Aid" by Indian Red Cross Society at Raj Bhavan. She appealed all to be aware of first aid, that plays vital role in saving lives. Lauded IRCS for organising such workshops to volunteers to strengthen their capabilities. In the picture Society Chairperson Ajay Misra is also present on the occasion.



Beautiful <u>Panora</u>mas

It's travel time for the happening diplomat Jennifer Larson, Consul General of US in Hyderabad! Recently she was at Vizag city for the official trip and also had an opportunity to see some amazing places. "I heard the views from Kailasagiri were breathtaking and they certainly were! What a great spot to take in beautiful panoramas of the Vizag city skyline and the Bay of Bengal."



My first metro ride!

Happening diplomat Gareth Wynn Owen, UK Dy. High Commissioner took first metro ride! Surely he must have enjoyed the ride. According to the post of Mr.Owen "visited office to see the largest PPP project and took my first metro ride after arriving in Hyderabad. Pleased to know about the UK companies' participation in this urban transport project. Look forward to seeing more collaboration in the expansion phase." He also had a talk with HMR officials.



Meeting Of The Month

His Excellency Mr Dilshod Akhatov, Uzbekistan's Ambassador to India, called on Dr. Nawab Mir Nasir Ali Khan, Promoter and Managing Director, MAK Projects Private Limited, along with the highlevel delegation from the embassy of Uzbekistan in New Delhi, at Xanadu, the Residence of Dr Nawab Mir Nasir Ali Khan at Jubilee Hills. The two dignitaries had elaborate discussions on making a concerted effort lations between Uzbekistan and India and

to enhance the trade and commerce relations between Uzbekistan and India and especially with Telangana. Among the various aspects deliberated are Sister city relation between the ancient city in the central Asian country of Uzbekistan Bukhara and Hvderabad.



Turkish Republic Day Celebrated

Orhan Yalman Okan, Consul General of Turkey in Hyderabad and Aslihan Ozmen Okan hosted a grand reception to celebrate Turkish Republic Day at The Chancellery of the Turkish Consulate. The well-known personalities from the town attended the occasion. Can say the event of the month. Best wishes to the entire team.



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Quote Of The Month

You are the Architect of your Happiness! The happening IAS officer Sonal Goel posted this quote with the beautiful picture with the tag 'stay optimistic' and 'life moves on'. The 2008-batch IAS officer, who is currently posted as resident commissioner, Tripura, New Delhi and also endorsed as top 25 Women Transforming India-Niti Aayog. Birthday wishes to the of-



Ashok Babu In New Role **Director of National River Conservation Directorate**

Senior Income Tax officer Ashok Babu Nelapatla has been appointed Director of National River Conservation Directorate for a period of five years. Hailing from Vinukonda in Palnadu, the 2008 batch officer was the alumni of NIT, Warangal. He held various positions in different wings of Income Tax department including assessments, investigation, TDS, Administration, IT Appellate Tribunal, International Taxation, Verification and others. He was appointed as election observer to Election Commission of India for eight times in six States. During the pandemic, he was the coordinator for 150 community kitchens to feed lakhs of stranded migrant labourers in Pune division. Senior Income Tax officer Ashok Babu Nelapatla



Plant A Tree

On TN Green Mission! The Sr.IAS officer Supriya Sahu is on screen, with the tag line 'plant a tree' and 'TN green mission'. Good initiative! Let's make our earth a bit happier.Plant a tree. Supriya Sahu is Addl. Chief Secretary Envi-ronment Climate Change & For-ests, Govt of Tamil Nadu.



Retired IPS officer Rajiv Trivedi caught a cobra which had entered a neighbour's house at Prashasannagar. The snake was handed over to forest officials to be left in the wild. Jigar wali baat hai!

Jigar Wali Baat Hai!



Satyameva Jayate

The super cop Dr.Sunniya Burhan Wani is on screen! She is Dy.Superintendent of Police at J&K. She mentioned a very catchy & meaningful lines on her social media profile. "When I wear uniform then "Uniform"is my only religion." "Satyameva Jayate". Doctor by wish of Parents and Cop by Choice. Iron Lady of J&K. Impressive!



Stay Blessed



What else you need when you get the most valuable trea-sure, blessing ! One old lady convey her love & blessings to

young IAS officer Krishna Teja, District Collector, Alappzuha, Kerala. Luckily the moment is caught on the camera. This happening shows the performance &



Appreciations

Young police officer Sleet Shah from J&K police is in talk on social media for her best performance & work. Initiatives like crime against work. Initiatives like crime against women, cyber security 'jagrukta programme' and 'stronger together' drive. "When young girls raise their voice, they have the power to change their destiny and the society, at large". She stated.

Responsibility



Chhattisgarh Police officer Snehil Sahu, Dy.SP took over a charge at Sarangarh. She is engineer by profession & traveller by heart.New place & new responsibility. Best wishes to the officer.

Historic Landmark!





Congratulations to 2 Women Officers of CRPF- IG Seema Dhundia & IG Annie Abraham to head Bihar Sector & RAF resp. It's for first time that two lady officers of CRPF have been promoted to rank of Inspec-



MIDNIGHT REPORTER 5 November, 2022

Public Sector

Ekta Diwas & Vigilance Awareness Week At NMDC



Commemorating the birth anniversary of Iron Man of India Shri Vallabhbhai Patel and as per the directives of Central Vigilance Commission, observance of EktaDiwas and inaugural of Vigilance Awareness Week — 2022(VAW-2022) was observed. The VAW-2022 would be observed from 31.10.2022 to 06.11.2022 on the theme "Corruption Free India for a Developed Nation".

On the Inaugural day of VAW-2022, Integrity Pledge was administered by Shri B Vishwanath, CVO, NMDC Ltd. to the employees at its Head Office, Hyderabad. He also read out the message of Hon'ble President on observance of Vigilance Awareness Week 2022. Whereas, Shri B Sahoo, Executive Director(PC) read out the message of Hon'ble Vice President, Shri AK Padhi, Executive Director (Commercial) read out the message of Hon'ble Prime Minister & Shri M. Jaypal Reddy, Executive Director (RP) read out the messages of Hon'ble Central Vigilance Commission. On the inaugural day of VAW 2022 a marathon/ Run for Unity was organized at CK Naidu, Cricket Stadium for NMDC employees & school children. Chief Guest, NMDC's Chief Vigilance Officer Shri B. Vishwanath, IRSS flagged off the Unity Run. In the afternoon, a lecture on the theme of VAW 2022 was arranged at NMDC H.O building wherein the eminent personality & Keynote speaker Shri AS Rajan, IPS Director SVP, National Police Academy Hyderabad delivered his lecture. Shri S. Rajan shared his experiences on combating corruption.

On this occasion, Shri Sumit Deb, CMD, NMDC said, "Our Vigilance Department has been proactive in bringing out various measures to improve consistency in decision-making and facilitating transparency. NMDC is institutionalizing integrity in its system and as public servants, we must continue to ensure intolerance towards corruption."

Vigilance Awareness Week –2022 Celebrations at POWERGRID, SR-I



POWERGRID, SR-I is observed Vigilance Awareness Week 2022 from at all its establishments in Telangana, Andhra Pradesh and Karnataka. The Weeklong celebrations started with administering the Integrity Pledge to all its employees by Rajesh Srivastava, Executive, Director, RHQ, Secunderabad. In the inaugural session of the weeklong celebrations, a lecture by Eminent Personality Sh. S.Balasubramanyam, IAS(Rtd) on "Corruption free India for a developed Nation." was organized today.

BEML-Observe Vigilance Awareness Week



BEML Limited a Defence PSU is observing Vigilance Awareness Week (VAW) 2022 with the theme 'Corruption free India for a developed Nation'.

Shri Amit Banerjee, CMD, BEML inaugurated the programme by lighting the lamp and administered the Vigilance Integrity Pledge. Shri M V Rajasekhar, Director (Mining & Construction), Shri A K Srivastav, Director (Defence), Shri Anil Jerath, Director (Finance), Shri D Venkateswara Reddy IRS, CVO were present on the occasion. Later Shri Banerjee planted a sapling 'Vigilance Tree' to commemorate VAW at its Corporate Office, BEML Soudha. Large number of Executives and Employees took part in this event.

To spread awareness on Vigilance, Banners are displayed at various strategic locations. Programmes such as Lectures, Training on various topics on Vigilance, Essay writing, Painting & Drawing competitions and Poster making and other activities are being planned for the employees, their spouses and their children during this week-long programme.

Apart from this BEML is organising Walkathon and also associating with Vigilance Forum's Walkathon to raise awareness on Corruption free Society.

Agreement signed between SAIL and AAI



Steel Authority of India Limited (SAIL) and Airport Authority of India (AAI) have signed an Operation and Management (O & M) agreement today in New Delhi for facilitating commercial operations from Rourkela in the state of Odisha. SAIL, in 2018, had signed a MOU for use of its own Airport, under the UDAN scheme, for operation of commercial flights. Now, SAIL has signed the O&M contract with AAI, through its Rourkela Steel Plant, for facilitating commencement of commercial flight from Rourkela. The Ministry of Civil Aviation has provided financial support for the up-gradation of this Airport. The Government of Odisha will provide the security, fire services and ambulance services besides helping with other local clearances. AAI, on behalf of SAIL - Rourkela Steel Plant, will operate and manage the airport.

The Airport will provide relief to all air travelers from the industrial town of Rourkela and the surrounding areas. The commencement of air services is also important in view of forthcoming Hockey World Cup where 20 out of the total 44 matches are being held at Rourkela during January 2023. This global event will witness a huge footfall to Rourkela during the period and the requirement of air connectivity to the city will be a major necessity for logistical reasons.

SAIL, one of the largest steel companies in the country and a 'Maharatna' CPSE has been actively participating in the development of peripheral areas around its production facilities. This endeavour, in the public interest, is likely to boost economic activities in this region.

NHPC pays final dividend of Rs. 356.34 Crore to Government of India



NHPC, a premier hydro power Company and a 'Mini Ratna' Category-I Enterprise of the Government of India has paid a final dividend of Rs. 356.34 Crore to Government of India for the F.Y. 2021-22 on 19th September 2022. The dividend payout bank advice was presented to R.K. Singh, Union Minister of Power, New and Renewable Energy by Y.K. Chaubey, CMD, NHPC on the 21st October 2022 in the presence of Alok Kumar, Secretary (Power), Government of India and R.P. Goyal, Director (Finance) and Shri S.N. Upadhyay, Executive Director (Finance) from NHPC. In addition, an interim dividend of Rs. 933.61 Crore for the F.Y. 2021-22 was paid on 4th March 2022 aggregating total dividend of Rs. 1289.95 Crore for the F.Y. 2021-22.

The Board of Directors of the Company in its meeting held on 25th May, 2022 had recommended a final dividend at the rate of Rs. 0.50 per Equity share i.e. 5.00% of the face value for the F.Y. 2021-22 which was approved in AGM on 25th August 2022. In addition, an interim dividend at the rate of Rs. 1.31 per Equity share i.e. 13.10% of the face value was paid on 4th March, 2022. Thus, total dividend of Rs. 1.81/- per Equity share i.e. 18.10% of the face value has been paid for the F.Y. 2021-22. NHPC today has more than eight lakh shareholders and total dividend pay-out for the F.Y. 2021-22 including interim dividend worked out to Rs. 1818.15 crore as against Rs. 1607.21 Crore for F.Y. 2020-21.

NLC India Limited observed Vigilance Awareness Week 2022

Quoting the poem of famous Tamil poetess Avvaiyar, "When the bund of a paddy field rises, the king and citizen will prosper", Prof.RM Kathiresan, the Vice Chancellor of Annamalai University, Chidambaram said that," like the holes and recess in the bund which stop the plant growth, corruption stop the growth of a Nation," while inaugurating the Vigilance Awareness Week 2022 Yegneswaran Auditorium, Learning & Development Centre, Neyveli, observed by NLCIndia Limited. In line with the directions of Central Vigilance Commission, NLCIL is observing Vigilance Awareness Week 2022 on the theme "Corruption free India for a developed Nation".

Prof.R M Kathiresan, Vice-Chancellor, Annamalai University, Chidambaram participated as the Chief Guest of the Inaugural function. Shaji John, Director/Power, K Mohan Reddy, Director/Planning & Projects, L Chandrasekar, IFS, Chief Vigilance Officer and senior officials of NLCIL graced the occasion. Ashok Dattatraya Keote, Chief General Manager/Vigilance delivered the Welcome Address.

As a mark of Inauguration, a Kuthuvilakku was lit up by the Chief Guest, Functional Directors and CVO. The Integrity Pledge in Tamil, Hindi and English respectively were administered by L Chandrasekar, IFS, CVO, NLCIL, Shaji John, Director/Power and K Mohan Reddy, Director/Planning & Projects of NLCIL.Messages on the occasion of Vigilance Awareness Week 2022 from Hon'ble President, Hon'ble Vice-President, Hon'ble Prime Minister and Central Vigilance Commissioner and Vigilance Commissioners of India were read. To mark the occasion, the Chief Guest released a mobile stand and a mouse pad customized with the theme of Vigilance Awareness Week 2022. After the program, the Chief Guest, Functional Directors and CVO of NLCIL flagged off the Integrity Chariot and inaugurated the Integrity wall at Main Bazar, Neyveli Township, and took integrity pledge by signing on the wall. The employees and general public are taking integrity pledge by signing on this wall. A. Eraniyan, Chief General Manager proposed the Vote of Thanks.



REC clocks Net Profit of ¹ 2,728 crores during Q2FY23

The Board of Directors of REC Limited – A Maharatna CPSE under the Ministry of Power, approved the unauditedstandalone and consolidated financial results for Q2FY23. Total Income: 19,949 crores vs. 19,469 crores, up 5%. Net Profit: 12,728 crores vs. 1

2,447 crores, up 11%. Owing to the stable income, effective cost management and resultant quarterly profit, the Earnings PerShare for the quarter ended 30th September 2022 stands at ¹ 41.44 per share as against ¹ 37.16 pershare as on 30thJune 2022. Aided by its strong performance, the Net Worth of the Company has swelled to ¹ 53,457 crores ason 30thSeptember 2022, an increase of 2% Q-o-Q. The Loan Book has risen by 2% to ¹ 3.94 lakh crore asat 30th September 2022. The increase in Loan Book coupled with sound asset resolutions has enableda reduction in the Net Credit-impaired assets to 1.24% with Provision Coverage Ratio of 69.28% as onSeptember 30, 2022. The Capital Adequacy Ratio stands at a comfortable 25.15% as on 30thSeptember2022, implying ample opportunities to support business growth. Continuing the tradition of rewarding its shareholders, the Board of Directors of the Company hasdeclared first interim dividend of ¹ 5/- per equity share and 9thNovember 2022 has been fixed as theRecord Date for payment of Interim Dividend.



"Healthy is an outfit that looks different on everybody."

but have given up on it shortly thereafter? If yes, you're not alone. Health and wellness goals are usually highly restrictive, therefore making it tough to follow through. The key is to set simple, "baby step" goals that work for you and gradually build on them. Comparing your own progress to someone else's can negatively affect your esteem and motivation.

Incorporating a more active lifestyle can help obtain some incredible physical and mental health benefits. It not only helps improve cardiovascular functioning, but also leads to a stronger and healthier heart. According to a research study, a 12 week Zumba program (one hour, twice a week) is effective in improving flexibility, strength and endurance.1 While the physical benefits of an active lifestyle are well known, there is increasing evidence on its profound impact on mental, cognitive and psychological health. Physical activity releases endorphins (also known as "happy chemicals"), impacts serotonin levels, and stimulates the neurotransmitter norepinephrine, which helps improve overall

Amongst teens, physical fitness and sports have proven to reduce the risk of substance abuse and help build confidence, resilience and empathy. According to the American Heart Association, only about one in four high school students get the recommended one hour



New York

a day of physical activity. And keep in mind, "one size doesn't fit all". One's health depends on a variety of factors such as genetics, medical care, economic stability, healthcare access, and more. Your regimen might not work for anybody else, so tailor your routine according to what works best for you. Set goals that are sustainable, fun and work specifically for your body and lifestyle. Consider replacing your goal of going to the gym everyday with perhaps a combination of a few days a week at the gym and a few days of walking in a park with a friend. Commit to doing a Zumba class or play sports with friends once or twice a week. Sometimes, multitasking helps. Have you tried listening to podcasts or audiobooks while you're on your morning walk? It sure helps! Whatever you do, the key is to take a step towards a healthier you. Try out one of these methods of exercise and start your new regimen today. Your body and mind will thank you!

How Snacking on Almonds Can **Potentially Boost Gut Health**



Eating handful of almonds a day significantly improve your gut health. According to a study funded by the **Almond Board** of California and published in the journal, when we digest almonds, it increases production of a short-chain fatty acid known as butyrate.

Butyrate

for cells in the colon lining. This promotes gut health. Kevin Whelan, Ph.D., the lead study author, professor, and department head of Nutritional Sciences at King's College London, said in a press release that beyond fueling the cells in the colon, butyrate also regulates the absorption of other nutrients in the gut and helps balance the immune system.

"These findings suggest almond consumption may benefit bacterial metabolism in a way that has the potential to influence human health," he said.

The health benefits of almonds- The researchers looked at the benefits of eating almonds over 4 weeks in 87 people between the ages of 18 and 45 who were already eating less than the recommended daily amount of fiber and who were snacking on nutritionally deficient snacks such as potato chips or muffins about twice a day.

Researchers split the study participants into three snack groups:

- Group 1: Whole almonds, 56 grams a day (roughly 2 ounces a day)
- Group 2: Ground almonds, 56 grams a day
- Control group: Muffin (2 muffins per day)

The researchers reported that eating almonds in any form improved people's gut health due to the increase in important nutrients compared to the control group. The improvements

were found in monounsaturated fatty acids, fiber, and potassium levels.

They noted that almonds are also a good source of niacin or vitamin B, folic acid, magnesium, zinc, and copper.

Care During Pregnancy!

Pregnancy is a joyous journey with some bumpy humps amidst. The common problems which we encounter in day to day practice are anemia, gestational diabetes milletus, pregnancy induced hypertension, recurrent urinary tract infections ,constipation, hemorrhoids, bleeding in the first trimester and sometimes threatened preterm labour ,false labour pains preterm premature rupture of membranes. Hence regular antenatal checkups are advised and advised tests are to be done. Once the case is booked Routine antenatal profile to be done and immunization to be done as advised.And minimal walking and yoga in the last trimester is also advised with proper hydration. Where as healthy diet is also important.



Dr. Kavya Priya Vazrala Consultant Gyneacologist Laparoscopic Surgeon, Infertility Speacilist Cosmetic Gyneacologist Yashoda Hospitals Somajiguda

Crossword Puzzles May be **Better for Improving Memory** Than Sudoku, Wordle



For people with mild cognitive impairment, stimulating mental tasks can slow the symptoms of cognitive decline.

In a new study, crossword puzzles were more effective than other "brain games" after a year and a half.

Experts say the familiarity with crosswords as

well as their more challenging cognitive demands may be factors.

About 1 in 9 adults Trusted Source in_ the United States reports experiencing worsening symptoms of confusion or memory loss associated with cognitive decline. This is especially true of older adults. Some 5.6 million . Trusted Source Americans aged 65 and over have some form of dementia, which includes Alzheimer's disease.

Dementia often affects not only the individuals experiencing its symptoms but also the people closest to them, causing a significant societal impact. Anything that can be done to slow the progression of cognitive impairment is welcome news.

A "brain game" industry has developed over the past two decades, with web-based and app-based programs providing a variety of cognitively stimulating puzzles.

But how do these types of games stack up against a classic: the crossword puzzle?

To find out, researchers from Columbia University in New York and Duke University in North Carolina collaborated on a study. What they found surprised them.

Improve sanitation conditions in Telangana govt. hospitals, says **Health Minister**

Health Minister T. Harish Rao has underlined the need for improving sanitation conditions in government hospitals.

He wanted the hospitals to display diet menu comprising the details of diet that would be provided to patients thrice a day. The Minister reviewed the functioning of State-run hospitals with senior officials. He wanted the officials concerned to ensure that proper sanitation was maintained within the hospitals as well as places abutting them. The government was implementing new sanitation and diet policies in the hospitals and had accordingly enhanced the sanitation charges for each bed from ¹ 5,000 to ¹ 7,500 while diet charges had been doubled to ¹ 80 from ¹ 40. He wanted steps to be initiated to see that bills pertaining to sanitation and diet contracts as well as salaries of personnel engaged in the works were paid in time. "Hospital superintendents will be held responsible in the event of delays in payment of bills or salaries," he warned, and suggested that the supervision of sanitation and diet related aspects should be handed over to a State-level medical officer for effective implementation.

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Kya Baat Hai!

Bharat Jodo Yatra is in talk! We are forced to carry the picture in which Rahul Gandhi is running like Milkha Singh! Congress leader Mohib Baig posted the said click in social media saying that it's an 53rd day , completed 1350 KM and after that just check the energy level of RG who is running & running! Kya baat hai aur kya josh hai!



Ranjith Reddy-Leader From Tourism Shipra! & Hospitality Sector

Bayapu Ranjith Kumar Reddy is a seasoned leader with a PG in Tourism & Hospitality Management from Swiss School of Tourism and Hospitality, Chur, Switzerland with 15 years of experience in different management roles in hospitality. Worked in Switzerland & as well as in Manhattan New York served lot of celebrities few of them are Colin Farrell , Terri Hines, Narin Karthikeyan lot of bureaucrats around the world and top sports persons too few of them are Manning brothers Later started V4 hospitality Services company. We cater every day to 2500-5000 meals to the business schools, IT companies and industries We are ISO certified company we also cater to social events such as birthanniversaries, gettogethers, weddings, receptions ranging from 100-10000 paxs.



Real Super Women Award For Shipra

Shipra Gandhi from Spreading Happiness is again in screen! Yes her name is announced for 'The Real Super Women Award 2022' by Forever Star India. This award is for the Super Women, who has been spreading lights of optimism for others. The women who makes this world a better place to live in.Congrats



Midnight Reporter's Oct edition is released by IPS Officer Jitender

Midnight Reporter's Owesome October edition released by the happening Sr.IPS officer Mr. Jitender, Addl. DGP (Law and Order) , Telangana

Click the link for epaper: http://midnightreporter.com/october-2022.pdf



Award Time

Shree Shantinath Granite and Marble received Award Festival Of Lights at Phuket. The event organized by Asian Granito India Ltd. Chirag Chheda & Rahul Chheda received AGL Award 2021-22 as runner up for Andhra Pradesh & Telangana state. Award time! Congratulations to the team.



Shikha Sharma, the happening lady from the town is making rounds.The picture is from the Diwali collection, the festival of lights. Can say picture of the month! Elegant one.





Yet another yummy mouthwatering food is here for you all ! Presenting by wine enthusiast food writer otiee Balani whi witnessed the lunch with Suranjit Sengupta at Fairfield by **Marriott Jodhpur** Hotel.

In the picture Junior Sous Chef Chetan Singh from Fairfield by Marriott Jodhpur showcases his <u>trad</u>itional Rajasthani thaali which consists of jalebis, pyaaz ki

kachori, gatte ki sabzi,lehsooni palak, ker sangri, chane ki chaat, daal Jodhpuri, Rajasthani pulao, roti and gud! Deli-



Made For Each Other

Wishes to the beautiful couple Govind Sinwal & Chanda Sharma! The picture shows the bonding & devotion of the couple. Govind from Sinwal Graphics posted the click with the wonderful message. "The best love is the kind that awakens the soul; that makes us reach for more, that plants the fire in our hearts and brings peace to our minds. That's what I hope to give you forever."



Hello Halloween

Happening lady Furhung Singh ! Occasion Halloween ! In fact the children in the picture are also looking cool in the halloween costume !Halloween is a celebration observed in many countries on 31 October, the eve of the Western Christian feast of All Saints' Day. It begins the observance of Allhallowtide, the time in the liturgical year dedicated to remembering the dead, including saints, martyrs, and all the faithful departed.

hub n home



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UPGRADE
MY KITCHEN AND
HOME BEFORE
I UPGRADE
MY PHONE!



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S & R Design Hub: For Quality, Innovation & Perfection



The happening firm S & R Design Hub is into Architects, Constructions & Interior designing. The firm partner Ranveer Singh & Sachin Patel said "our planning and quality of construction and décor solutions are innovative and creative that will give a great modern and comfortable living experience."

"We believe in bringing our clients dreams come true with the help of our innovations and ideas. Our strengths are turnkey projects that deal with skilled labor and administrative forces that we have acquired over a period of time they deliver the best workmanship in a given time schedule."

They told " for every project, we conceptualize designs differently. Concept play key role for its ambience to how it should look like and feel of the place that give mesmerizing experience. Through our different innovative concept for each house."

"We set strategy for every project that helps in completing project in its given time schedule with cost effective. Without wasting time and materials. Last but not the least, we go for high quality of design. Match to international high brand values and Creates with highly visionary futuristic design and concepts.









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इंसान-AI टेक्नोलॉजी से मधुमक्खी-हाथी की भाषा समझेंगे



हम जल्द ही जानवरों से बात करने में सक्षम हो सकते हैं। द्नियाभर के वैज्ञानिक आर्टिफिशियल इंटेलिजेंस (AI) की मदद से मधुमक्खी, हाथी और व्हेल मछली से बात करने की कोशिश कर रहे हैं। हालांकि इस अनोखी टेक्नोलॉजी के कुछ नुकसान भी हैं। एक्सपर्ट्स का मानना है कि Al की ताकत से हम जंगली जानवरों को अपने फायदे के लिए कंट्रोल कर सकते हैं।

वैज्ञानिक गैर-इंसानी आवाजें समझ रहे-

यूनिवर्सिटी ऑफ ब्रिटिश कोलंबिया की प्रोफेसर कैरन बैकर ने वॉक्स से बातचीत में बताया कि जर्मनी में एक रिसर्च टीम ने गैर-इंसानी आवाजों को डिकोड करना सीख लिया है। वे Al की मदद से मधुमिन्खयों के डगमगाने और हाथियों की लो-फ्रीक्वेंसी आवाजों को पहचान रहे हैं। इससे न केवल हम जानवरों से बात कर पाएंगे, बल्कि उन्हें नियंत्रित भी कर सकेंगे।

इंसान कर सकते हैं गलत इस्तेमाल-

बैकर ने आगे कहा कि जानवरों से बात करने वाली AI टेक्नोलॉजी को आगे जाकर रोबोट्स में लगाया जा सकता है, जो दो प्रजातियों के बीच के कम्य्निकेशन को बढ़ावा देंगे। यह अपने आप में एक बहुत बड़ी कामयाबी है, मगर यह कुछ जरूरी नैतिक सवाल भी खड़े करती है।

बैकर कहती हैं कि नई तकनीक की मदद से हमारी दिमाग में जंगली जानवरों को कंट्रोल करने या फिर उनके जीवन के साथ हेरफेर करने की भावना आ सकती है। इंसान अब तक जंगली जानवरों को पूरी तरह पालतू नहीं बना पाए हैं, लेकिन इन्हें डोमिनेट करना हमारा मकसद बन सकता है।

पेरेंट्स की सख्ती से बदलता है बच्चे का डीएनए, वे आत्मविश्वास खो देते हैं



बच्चों को अनुशासन सिखाइए, लेकिन जरा प्यार से। बचपन से ही माता-पिता का सरत रवैया बच्चों को तनाव में रखता है और डिप्रेशन का शिकार बना देता है। उनके दिमाग पर गहरा असर डालता है। वे हमेशा के लिए मानसिक रूप से बीमार हो सकते हैं। नए अध्ययनों से यह पता चला है कि सख्त पेरेंटिंग की वजह से बच्चे अपना आत्मविश्वास खो देते हैं। बडे होकर भी वे इससे उबर नहीं

पाते। बच्चों का डीएनए बदल सकती है डांट- बच्चों की शैतानियों पर उन्हें डांटना लाजमी है, लेकिन उनके प्रति हमेशा सख्त खैया अपनाना उनके मानसिक स्वास्थ्य को लंबे समय तक प्रभावित करता है। पेरेंट्स अगर बच्चों से हमेशा कड़ाई से पेश आते हैं, तो इसका असर बच्चों के डीएनए पर पड़ सकता है। बेल्जियम की ल्यूवेन यूनिवर्सिटी में हुए नए अध्ययन से पता चला है कि माता-पिता का लगातार कड़ा रवैया बच्चे का डीएनए बदल सकता है। वैज्ञानिकों ने इस स्टडी में शामिल सभी बच्चों के डीएनए में ऐसे 4.50 लाख स्पॉट्स खोजे हैं, जिन पर पेरेंट्स की डांट का असर पड़ता है। एम्स्टर्डम मेडिकल सेंटर यूनिवर्सिटी के प्रोफेसर क्रिस्टियान विंकर्स ने बताया कि तनाव डीएनए के मिथेलेशन नियामक तंत्र को प्रभावित करता है। इससे प्राने और भूले हुए तनाव भी उजागर होते हैं।

सरत पेरेंटिंग से बीमार होते हैं बच्चे-

इस अध्ययन में शामिल वैज्ञानिकों ने दावा किया कि सख्त पेरेंटिंग से गुजरे बच्चे बड़े होने पर भी दोस्त नहीं बना पाते। ऐसे बच्चों के लिए लोगों से भावनात्मक रूप से जुड़ना मुश्किल होता है। वे समाज से कटे-कटे रहते हैं। पढ़ाई-लिखाई में भी बहुत बेहतर नहीं कर पाते। शोध से मिले निष्कर्षों के बाद वैज्ञानिकों ने यह समझाने की कोशिश की कि बचपन से सख्त पेरेंटिंग का असर बच्चों के शारीरिक स्वास्थ्य पर भी पड़ता है। वे बीमार रहने लगते हैं। इसका असर बच्चा जीवनभर झेलता है।

दूसरों के सामने डांटने से बच्चा जिही हो जाता है-

बच्चों को दूसरों के सामने डांट-फटकार न लगाएं। दूसरों के सामने मारने-पीटने जैसा शारीरिक दंड भी ना दें। इसे वे अपने सम्मान पर हमला मान लेते हैं। इससे बच्चे जिद्दी और गुस्सैल बनते जाते हैं। उनका व्यवहार बदलने लगता है। वे मां-बाप से बातें छिपाने लगते हैं। अपना गुस्सा कहीं न कहीं उतारने लगते हैं। धीरे-धीरे हिंसक भी होते जाते हैं।

अब जानवरों से बात करेंगे विदेश मंत्री जयशंकर बोले— UN में हिंदी को आधिकारिक भाषा के रूप में मान्यता दिलाने की कोशिश जारी



विदेश मंत्री एस जयशंकर ने गुरुवार को कहा कि यूनाइटेड नेशंस (यूएन) में हिन्दी को आधिकारिक भाषा के रूप में शामिल कराने की दिशा में कोशिश जारी है। इसमें अभी थोड़ा समय लगेगा। जयशंकर ने 12वें विश्व हिन्दी सम्मेलन से जुड़ी वेबसाइट लॉन्च कार्यक्रम के दौरान एक सवाल के जवाब में यह बात कही है।

फिलीपींस में नकल रोकने का अनोखा तरीका





फिलीपींस में एक कॉलेज के एम्जाम हॉल की फोटोज सोशल मीडिया पर वायरल हो रही हैं। वजह यहां एग्जाम लिख रहे छात्र-छात्राएं हैं। सभी स्टूडेंट्स ने एंटी-चीटिंग हैट पहनकर एग्जाम दिया।

लेगाजपी शहर के बिकोल यूनिवर्सिटी कॉलेज ऑफ इंजीनियरिंग के छात्रों को हेडगियर पहनने के लिए कहा गया, जिससे वे दूसरों के पेपर नहीं देख पाएं। आसान शब्दों में कहा जाए तो- परीक्षा के दौरान होने वाली नकल को रोकने के लिए स्टूडेंट्स से हेडिंगियर पहनकर आने कहा गया था।

लंबी उम्र का फॉर्मूला, जंक फूड की जगह प्लांट बेस्ड कार्बोहाइड्रेट और फेट लें, फास्टिंग करें; इससे 100 साल जीना भी मुमकिन



जिंदगी में आपको कई बार जुग–जुग जियो' आशीर्वाद मिला होगा, लेकिन ऐसी लंबी उम्र को कैसे जिया जा सकता है? विशेषज्ञों का कहना है कि 100 बरस जीना संभव है। बस आपको अपनी डाइट बेहतर करनी होगी।

यूनिवर्सिटी विस्कॉन्सिन के प्रोफेसर रोजलिन एंडरसन और USC लियोनार्ड डेविस स्कूल के प्रोफेसर वाल्टर लोन्गो ने पिछले 10 साल में पोषण पर हुई सैकड़ों रिसचेज को स्टडी किया। इसका निचोड़ हाल

हीं में जर्नल सेल में प्रकाथित हुआ है।

डार्क चॉकलेट, नट्स खाना उम्र बढ़ाएगा-

शोधकर्ताओं ने ऐसे भोजन की पहचान की, जिससे लंबे समय तक जिया जा सकता है। उनके म्ताबिक, प्लांट बेस्ड कार्बोहाइड्रेट और फैट वाला खाना बढ़ाकर और प्रोसेस्ड फूड को कम कर लंबी उम्र

एंडरसन की मानें तो अक्सर उपवास और दूसरे भोजन को वजन कम करने से जोड़ा जाता है, लेकिन यह लंबा जीने के लिए भी अहम है।

बड़ी बात यह है कि शोधकर्ताओं ने लंबी उम्र के लिए डार्क चॉकलेट को भी अहम माना है। उनके मुताबिक, रोज आपकी 30 प्रतिशत कैलोरी नट्स, ऑलिव ऑइल और कुछ डार्क चॉकलेट से आनी चाहिए।रेड मीट, एडेड शुगर से बचना बेहतर

रिसर्चर्स यह भी सलाह देते हैं कि रेड मीट और प्रोसेस्ड मीट के साथ-साथ रिफाइंड अनाज और एडेड शूगर से बचना ही बेहतर है। प्रोसेस्ड फूड की जगह प्लांट बेस्ड भोजन करने से आप जीवन में 10 साल जोड़ सकते हैं। शोधकर्ताओं का यह भी सुझाव है कि प्रोटीन का सेवन सीमित करने से उम्र बढ़ाने में मदद मिल सकती है। दरअसल, कई तरह के प्रोटीन और अमीनो एसिड से हॉरमोन प्रोडक्शन बढ़ता है और शरीर की जैविक प्रक्रिया तेज हो जाती है। इससे शरीर जल्दी जर्जर होता है।

MIDNIGHT REPORTER 10 November, 2022





Indonesia witnesses spike in foreign tourists with the majority going to Bali

For the January-Sept period, Indonesia saw 2.27 million visitors compared with 86,245 in the same period last year, when travel restrictions to curb Covid-19 were in place. Foreign arrivals to Indonesia in September hit their highest level since the start of the pandemic, official data showed on Tuesday, as more visitors returned to resort destinations like Bali after an easing of Covid-19 restrictions.

There were about 538,300 arrivals in September, up from only 5,000 in the same month a

year ago, with the majority going to Bali, said Setianto, deputy head of Statistics Indonesia. Arrivals in September were slightly ahead of the previous month's figure of 510,200. For the January-Sept period, Indonesia saw 2.27 million visitors compared with 86,245 in the same period last year, when travel restrictions to curb Covid-19 were in place. However, arrivals remained far below the pre-pandemic levels in the same periods of 2018 and 2019, when Indonesia had nearly 10 million foreign visitors.

Peru Removes All Entry Rules And Finally Reopens Fully For Tourism



After two and a half years with some of the strictest rules in the world, Peru has finally dropped all COVID-related restrictions, returning to normal tourism. Visitors will be able to travel freely to this South American nation once again. The state of emergency decree in effect since March 2020 has finally ended, as of November 1, 2022.

All extensions of the state of emergency decree, including travel restrictions and COVID-related restrictions within the country, have been dropped. Peru is the latest South American country to drop all travel restrictions, joining others in a return to tourism as usual.

The announcement of the end of Peru's state of emergency decree means that travelers will be able to enter the country without any restrictions once again. After being known for having some of the strictest regulations and limitations in the world for the past two and a half years, Peru is finally returning to normal. Previously, travelers were required to present proof of vaccination or a negative COVID test result taken within 48 hours of entering the country. Once on the ground in Peru, this South American country had some of the strictest rules in the world too.

South African Tourism Appoints Kristy Angellotti Head of Trade Relations North America



South African Tourism (SAT) is pleased to announce the appointment of Kristy Angellotti as Head: Trade Relations North America. In her role, Angellotti will join the SAT North America team to expand existing relationships with North American travel trade partners, while working with new distribution channels in the USA and Canada to sell South Africa as both a leisure and business events destination.

"We are excited to welcome Kristy back to South African Tourism," said Jerry Mpufane, President North America Hub. "North America is South Africa's fastest growing overseas tourism market and her decade-plus experience selling African travel to North American audiences will strengthen our team's trade and sales strategy toward continued growth in tourist arrivals from this important market."

Angellotti got her start in the African travel trade as SAT's Manager: Trade Relations (West Coast) from 2013-2017. Prior to that, she worked in travel trade media and consumer media for 10 years. Following her departure from SAT in 2017, she gained valuable experience working for an industry-leading collection of safari lodges and a luxury tour operator while traveling extensively across the African continent.

Kerala Launches Caravan Tourism Policy



Catering to the preferences of tourists in the post-pandemic period, Kerala has announced a Caravan Tourism Policy. The comprehensive policy promises visitors a safe, customized and closest-to-Nature travel experience. Caravans can be parked in picturesque places in the state named caravan parks. Tourism Minister Mr P. A. Mohamed Riyas said the caravan policy is a paradigm shift since the state made it big with houseboat tourism almost three decades back. The caravan policy will be implemented on PPP mode with private investors, tour operators and local communities as stakeholders, the minister said.

The minister also released the logo of the Caravan Tourism Policy. The Additional Chief Secretary, Tourism, Dr. V. Venu IAS said the policy will improve access to unexplored locations.

The two major parts of the policy are tourism caravans and caravan parks. Tourism caravans involve specially built vehicles for travel, leisure and stay. The caravan parks are designated places for parking of the vehicles, and visitors can spend a day or a night or an extended period there to explore the destination.

Grenada will not focus directly on tourism for the next five years



The tourism sector will not be a direct priority for Grenada's government for the next five years but the industry should benefit from the six priority areas the administration will be focusing on, said Prime Minister Dickon Mitchell. He told a town hall meeting that health and wellness; transforming the education sector with particular emphasis on youth and sports; agriculture, food security, and the marine economy; physical and digital infrastructure; culture and the creative economy; and energy transition and the environment will be the focus during his term in office which began in June. Responding to a question why tourism was not identified as a priority area, he said: "Tourism was not mentioned because to some extent we think that tourism has been the industry that has been the focal point of Grenada's development for the last 20 years perhaps and we believe that the areas we have identified will, in fact, help to strengthen and transform the tourism industry to get to a place where it needs to get."